

# THE Paladin



Knights of Columbus Arden/Carmichael Council 4970 District 9 – Division 4  
Serving Our Lady of the Assumption, St. Ignatius of Loyola, and St. John the Evangelist Parishes



JUNE 2025

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## Year of Reflections

*By Frank Consulo, Grand Knight*



*Leo P.P. XIV*

Pope Leo XIV, our 267th pope, was elected May 8, 2025 succeeding Pope Francis, and beginning his new term May 18, 2025. We welcome Pope Leo with open arms.

Born Robert Francis Prevost, September 14, 1955, in Chicago, he is the first American pope in the history of the papacy. An Augustinian priest who performed extensive missionary work in Peru, and served as the head of the Augustinian order from 2001 to 2013, was made a cardinal by Pope Francis in 2023. He brings to the table a reputation for being a fair, deft administrator, a political moderate, and he is expected to continue his predecessor's agenda for the Church.

This was an amazing year for all the Knights of Council 4970. We won first place in the Communities category (like winning a gold medal in the Olympics) out of 600 KofC councils. The award was made out

of glass; only a few of this type were handed out. The Knights also won awards in Life and Faith events, and the fraternal ribbon for our banner. I want to thank all Knights of Council 4970 who were able to participate.

### **EVENTS:**

**Communities:** St Ignatius Fish Dinner, Organized by GK Frank Consulo, Rich Romo Free Throw Championship, Organized by Loren Wallin, Fireworks Booth Organized by GK Frank Consulo, DGK Steve Hall, Widow's Memorial Luncheon Organized by Tim Spinelli. Loaves n Fishes Lunch for the homeless, organized by Knights GK Frank Consulo, Our Lady of Assumption Santas Pancake Breakfast for 600 People, organized by GK Frank Consulo, St Ignatius Santa's Pancake Breakfast for 305 People, organized by Pkg Gene Gobbo, GK Frank Consulo Events:

**Life:** Silver Rose @ St John's Evangelist Church, Organized by GK Frank Consulo, March for Life at the State Capital, by Ken MacDonald, Life chain, Abortion demonstration, by Ken MacDonald, Blood Drive at St John's Evangelist Church, Organized GK Frank Consulo ID Drive ( Tootie roll) for Camp Recreation that Raised a record fundraiser of \$35,849.40 to date, Organized by Joe Romanazzi Events:

**Faith:** Stations of the Cross: Organized by Ken MacDonald, GK Frank Consulo Rosary Program Organized by Tim Spinelli, Holy Hour @ Our Lady of Assumption, by DGK Steve Hall, Bishop Soto Priests Luncheon, Mass on the Grass, Bible Studies, organized by GK Frank Consulo, Events:

**Families:** Food for Families, Get on the Bus for Prisoners Families Organized by GK Frank Consulo, Tunk n Treat @ Our Lady of Assumption organized by Jeff Hall, Sacramento Kings Basketball games for Knights families Organized by Gene Gobbo, Sacramento Rivercats for families organized by Ken MacDonald. Other events the Knights do are: Ladies night out on the fifth Tuesday of the Month, 4 Tuesdays, Ice Cream Social, organized by Ray and his wife, Pat Fischbach. Ladies Knights net hats for newborn babies that are distributed by Jeanie Gobbo. Joann Hancock.

***A special thanks to ALL Knights:*** Chris Ball, Roberto Bello, Tony Carvelli, Cirdon Cole and father, Michael Corcoran, Andrew Cunha, Bill Davis, Hanh Dinh, PGK Michael Dougherty, Greg Downs, David Easton, Michael Fazio, PGK Josh Figueroa, Deacon Paul Friedrich, Matt Friesen, PGK. District Deputy Will Friesen, Vincent Gigi, Jc Greco, Kevin Hall, PGK Don Hamata, Tom Henderson, Shawn Herrick, Jeff Holmes, Deacon Keith Johnson, Ernesto Kader, PGK Peter Kilkenny, Tom Kuzmich, PGK Michael Langer, Roy Larish, Allen Leech, Nicholas Lushenko, Willaim Maffei, Frank Manigold, Gary Mello, Steven Millner, John Mizerak, Tom Nelson, Mark Neuburger, Luis Puicon, Father Chandra Dominic Sekhar, David segel, father Eduino Silveira, Bill Simpson, PGK Bill Stranton, Charles Stewart, Dale Stanford, Aaron Stroh, William Sullivan, Bill Swars, Charles Thorp and son Charles Jr, Samuel Villegas, Deacon Jack Wilson, Todd Wilson, PGK Len Zerilli, and Danny Zezzo.

I am looking forward to another great year!

## Check Out Our Website for the Latest Updates and Contact Information

You don't need to wait for the Paladin to get updates on Council 4970 activities. Our website, [www.kofc4970.com](http://www.kofc4970.com) is now regularly updated with the latest information.

Also, need to contact one of the officers? Find their contact information here: <https://kofc4970.com/officers>

## Trustee Recommendations for Council Officers 2025-2026

*By the Trustees.*

Here are the Trustees' nominees for Council officers for the 2025-26 Columbian year. Other nominations will be accepted at the June Business meeting. Elections for new officers also will occur at the June Business meeting. Please pray for the nominees.

**Grand Knight:** Frank Consulo  
**Financial Secretary:** Tom Kuzmich (appointed by Supreme)  
**Deputy Grand Knight:** Kevin Hall  
**Chancellor:** Hanh Dinh  
**Recorder:** Bill Bedford  
**Treasurer:** Steve Millner  
**Advocate:** Todd Wilson  
**Warden:** Peter Kilkenny  
**Inside Guard:** Allen Leach  
**Outside Guard:** Luis Puicon  
**3<sup>rd</sup> Year Trustee:** Steve Hall  
**2<sup>nd</sup> Year Trustee:** Tim Spinelli (by advancement)  
**1<sup>st</sup> Year Trustee:** Josh Figueroa (by advancement)  
**Chaplain:** (Appointed by the In-Coming Grand Knight)  
**Lecturer:** (Appointed by the In-Coming Grand Knight)

Prior to the June business meeting and elections will be our annual BBQ. Open to all including our families. Please join us at 6 PM and enjoy. All at St. John hall at OLA Parish on Tuesday June 10<sup>th</sup>.

### PRAYER LIST

Please remember these intentions in your prayers:

All children lost to abortion  
 All unborn children and their mothers

All Caregivers of the sick  
 Deceased of Council 4970

Rick Di Regolo (dec)  
 Georgia Royal (dec)  
 Carolyn "Susie" Fonteyn (dec)  
 Anthony Praxel (dec)  
 Kenneth Scribner (dec)  
 Danielle Corcoran (dec)  
 Ben Dougherty (dec)  
 Fr. Art Wehr, SJ (dec)  
 John Heiman (dec)  
 Gerald Marenich (dec)  
 David Schwartz (dec)  
 Joe Kievernagel (dec)  
 Lee Akers (dec)  
 Judy Davis (dec)  
 Pope Francis (dec)  
 The Wehr Family  
 Fred Garrison  
 Bob Akers  
 Joan Cotton  
 Shannon Langer  
 Michael Langer  
 Gwenn Wilson  
 Fr. Tom Bland  
 Pope Leo XIV

## Hat Delivery

By Gene Gobbo, PGK



Lady Knights Joanne Hancock and Jean Gobbo delivered hats to the Neo Natal department at Mercy San Juan Hospital, Carmichael, CA. The head nurse, Anne, was thrilled to receive them and mentioned she would be sure all new mothers would receive one as they left the hospital. Joanne is our "knitter" extraordinaire, as most of the hats were made by her! The next project, the ladies will make blankets and quilts for the babies!

## Ladies Luncheon

By Jean Gobbo

The Ladies Luncheon for June will be held at Urban Plates on Thursday, June 13<sup>th</sup> at 1 PM. It is located 2080 Fair Oaks Blvd.

Our May luncheon was attended by 13 ladies and all enjoyed the menu and service at Bella Bru Café.

Any questions you can call either Glenda Macdonald at 916-524-8933 or myself, Jean Gobbo, at 916-261-8674.



# Father Apolonio “Pol” Catada is named Parochial Administrator for St. John the Evangelist Church

By Joe Romanazzi, PGK



Parishioners at St. John the Evangelist Church welcomed Fr. Apolonio “Pol” Catada as new Parochial Administrator. Father Pol will serve the parish for the next two months until a new Pastor is named in July. **A Welcome to SJE Party** was held for Fr. Pol following the 10:00 A.M. Mass on May 4, 2025. Council 4970 Knights and Lady Knights were among the parishioners welcoming Father and enjoying the cakes, cupcakes and beverages that were served.



The Blessing of the Cakes and Cupcakes

Slicing the Cakes

Slicing the Cakes

## 8<sup>th</sup> Grade Award Presentations

By Gene Gobbo, PGK

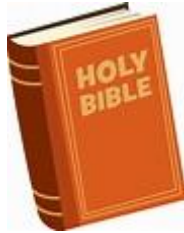
Annually, the Council and its Corporation present scholarship awards to 4-8<sup>th</sup> grade students from each of our three parish schools who are headed for a Catholic High School in the Sacramento area. We also present various numbers of awards to graduating students who excelled as altar servers during their years at the parishes. Brothers Larry Rositani, Will Friesen and Kevin Hall made the presentations at the graduation ceremonies at their respective parishes in May. We congratulate these deserving students and pray for them in their high school careers.



## **JOE'S CAFÉ...Stop by for a tasty bit!**

*By Joe Romanazzi, Past Grand Knight*

### **God's Emergency Numbers and Contacts**



Whether on our cell phones, pocket notebooks, personal address books, magnets on our refrigerator doors or simple scraps of paper, we all maintain a list of numbers and contacts to call in case of an emergency. Did you know that God has his own dedicated emergency numbers that can be found in the **Bible**? The following 28 scripture references in the **Bible** are among God's list of Emergency Numbers for us when we have emergency situations and times of trouble. This list includes fear, anger, worry, anxiety, confusion, abandonment, loneliness, grief, danger, broken hearts, forgiveness, repentance, and unworthiness.

- \* **When in sorrow, call John 14**
- \* **When men fail you, call Psalm 27**
- \* **When you have sinned, call Psalm 51**
- \* **When you worry, call Matthew 6:19-34**
- \* **When you are in danger, call Psalm 91**
- \* **When God seems far away, call Psalm 139**
- \* **When your faith needs stirring, call Hebrews 11**
- \* **When you are lonely and fearful, call Psalm 23**
- \* **When you grow bitter and critical, call 1 Corinthians 13**
- \* **When you feel down and out, call Romans 8:31-39**
- \* **When you want peace and rest, call Matthew 11:25-30**
- \* **When the world seems bigger than God, call Psalm 90**
- \* **When you want Christian assurance, call Romans 8:1-30**
- \* **When you leave home for labor or travel, call Psalm 121**
- \* **When your prayers grow narrow or selfish, call Psalm 67**
- \* **When you want courage for a task, call Joshua 1**
- \* **When you think of investments/returns, call Mark 10**
- \* **How to get along with fellowmen, call Romans 12**
- \* **For great invention/opportunity, call Isaiah 55**
- \* **For Paul's secret to happiness, call Colossians 3:12-17**
- \* **For idea of Christianity, call 2 Corinthians 5:15-19**
- \* **If you are depressed, call Psalm 27**
- \* **If you want to be fruitful, call John 15**
- \* **If your pocketbook is empty, call Psalm 37**
- \* **If you are losing confidence in people, call 1 Corinthians 13**
- \* **If people seem unkind, call John 15**
- \* **If discouraged about your work, call Psalm 126**
- \* **If you find the world growing small, and you great, call Psalm 19**

My Brothers, the above list contains only a few of **God's Emergency Numbers** found in the **Bible**. Our loving Father is always available to receive our calls, petitions, and requests for help 24/7. Best of all, He never gets tired of hearing our prayers. If by chance we should require operator assistance, the Blessed Mother Mary is also standing by and eager to serve. Our Lady is uniquely qualified in all of the emergency situations we may encounter in our lives. She is also more than willing to provide solutions and guidance, especially in times of trouble involving intense sorrow. Remember, she witnessed the excessive sufferings of her Divine Son and received the seven wounds of her immaculate heart. These are all good reasons to have her name on speed dial and included on our personal lists of God's Emergency Numbers and Contacts.

## The Short History of a Long, Long Life of Our Paladin

By Gene Gobbo, PGK

The Council had quite a ride with its bulletin, from the 1980s through this June 2025 edition. Editors included Brothers Marco Bell, Phil Tinley, Gene Gobbo, Phil Bruce, Peter Mendenhall, Will Friesen, and others, including our current editor, Mike Fazio. Earliest editions were printed on a VIC 20 computer having 20 kb of memory. We used Phil Tinley's Sacramento Bee's expertise using the Bee's pasting techniques to publish a short version of the bulletin. So many great editors and contributing editors drew many congratulatory comments and phone calls from other Councils. We will miss the publication, but make sure you visit our website as often as you can. We will also continue to use email blasts to highlight recent and upcoming events. We apologize to our non-internet families who have enjoyed hard copy editions via regular mailing but expenses ballooned beyond our financial ability. Thanks to all our Brothers, Lady Knights and friends for the ride.



**Brother Marco Bell, early editor of the Paladin. Marco gave the name Paladin to our award-winning bulletin.**

**Although our Council bulletin began in the late 1980s, the Paladin's name got its name in the 1990s, and has been our banner head ever since. Over the years State awards included 1<sup>st</sup> through 5<sup>th</sup> place for all Councils in the State.**

