

THE Paladin



Knights of Columbus Arden/Carmichael Council 4970 District 9 – Division 4
Serving Our Lady of the Assumption, St. Ignatius of Loyola, and St. John the Evangelist Parishes



AUGUST 2024

VOLUME 25 • NUMBER 2

Challenge Yourself

By Frank Consulo, Grand Knight



Someone once said that the only person you need to be better than is the person you were yesterday. Life's very essence is change, growth, and transformation. Therefore, I challenge myself, and all of you, to become the best person we can be by serving God. Hearing and answering God's call for me to be a knight in His holy Church is helping me to grow as a leader for KOC Council 4970, and to be an example of Catholic discipleship for the world. Along with this responsibility comes recruitment. That is, drawing new candidates to the KOC and offering them the same opportunities I am blessed to receive.

We will teach recruits what makes the KOC so special, and about being a Knight–Faith, Family, Community, and Life. I am asking all of you to help recruit new Catholic Men. As Grand Knight, I will be meeting with, and talking to, as many men I can find. Please help me make this a fun and productive year.

August Calendar

August 6

Rosary, 7 p.m., Zoom

August 8

Bible Study, 7 p.m., SI

August 11

Ice Cream Social, 2 p.m., Leatherby's

August 13

Business Meeting and Dinner, 6:30 p.m.,
St. John's Hall, OLA

August 15

Ladies Luncheon, 1 p.m., Bennett's

August 17

RiverCats Game, 6:30 p.m., Sutter Health
Park,

August 20

Rosary, 7 p.m., Zoom

August 23

Rosary and Funeral Mass for John
Heiman, 10:30 a.m., SJE

August 23

Cornhole Tournament, 6 p.m., SJE

August 27

Planning Meeting, 7:30 p.m.,
St. John's Hall, OLA

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We will be hosting a Cornhole Tournament on August 24th, 2024, at St. John the Evangelist Catholic Church, St. James Hall. I will post all events on our Website Calendar. I would like our website to become more of a resource, and direct people to our website for the latest happenings.

This month has been hard for me and many others, because our beloved Father Arthur J. Wehr S.J., passed away. I knew him for over 15 years, this included the entire period that I worked for the Harrold Ford Dealership. I would race down the street to Mass at 5:30 p.m. most days. It was nice to see him. I would go to confession and he would be there on the days that I attended mass. It was as if I was asking him to be the one saying the mass, and he would somehow always show up. I felt refreshed after doing my penance. We all had so much respect for him. This was a tough loss.

Father Tom Lucas, S.J., pastor of St. Ignatius, shared the following quotes with me:

“For the God who said, ‘Let light shine out of darkness,’

has shone in our hearts to bring to light

the knowledge of the glory of God shining on the face of Christ.

But we hold this treasure in earthen vessels,

that the surpassing power may be of God and not from us.”

– 2 Cor 4:6-7 –

“If God is for us, who can be against us?

He who did not spare his own Son but handed him over for us all,

how will he not also give us everything else along with him...”

– Romans 8:31-38 –

A big part of my calling to the KOC is to help people in as many ways as I can. I find myself becoming more passionate and loving, which manifests in the way that I help others. My challenge is to grow in Faith, and one of the ways I will accomplish this is by starting a new Bible study program. We can invite Knights to take up the “Sword of the Spirit”, and rediscover the power of scripture. Please pray for us as we work on this program. We will continue the Bible Study group in August 2024 at St. Ignatius Loyola Church. It will be open to parish men AND women. This is a good way of helping each other to grow in faith. We have ordained leaders helping us out with this endeavor, too. Stay tuned...

On a final note, I just discovered that Council 4970 won the Columbian Award. That's very special to me because we did that as a team.

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Coming Up in August!

By Michael Fazio, Editor

Council 4970 has a busy month ahead with lots of activities, including 2 traditional family events.

**Ice Cream Social: Sunday, August 11 (2 pm)**

We'll gather for our annual Ice Cream Social at Leatherby's, 2333 Arden Way. Come enjoy the myriad of ice cream choices and lunch-time menu items (my favorite is the Cowboy Burger). Contact Ray and Pat Fischbach at 662-9116 or ray.fisch4226@gmail.com, for more information.

Above is a picture of our group at last year's social.

Night with the RiverCats: Saturday, August 17 (6:30 pm)

Our annual visit to Sutter Health Park, West Sacramento, will see our hometown RiverCats take on the Salt Lake City Bees for an evening game. Fireworks scheduled for after the game. We'll have great seats in the Senator Section around home plate in the shade. Tickets are discounted to \$28 per person. For tickets, contact Ken Macdonald by August 9th, at 631-0774 or kenmacdonald89@yahoo.com. Friends and family welcome! Please note the RiverCats are cashless—only credit/debit cards accepted, and electronic tickets only. Check the River Cats website for limited carry in allowed.

Rosary and Funeral for John Heiman: Friday, August 23 (10:30 a.m.)

Join us for the Rosary and Funeral Mass for long time brother John Heiman at SJE. The Council will present a Resolution of Condolence and Rosary to Lady Knight Donna following the Eulogy. Seating will be in the side pews by the ambo.

Another Successful Fireworks Sale

By Michael Fazio, Editor

Council 4970 and Arden Carmichael wrapped up another successful Fireworks sale, grossing over \$40,000! These funds will be used to fund scholarships for students graduating from OLA, SI, and SJE. Many thanks to all who helped and all who purchased!



PRAYER LIST

Please remember these intentions in your prayers:

**All children lost to abortion
All unborn children and their mothers**

**All Caregivers of the sick
Deceased of Council 4970**

Rick Di Regolo (dec)

Georgia Royal (dec)

Joan Cotton

Carolyn "Susie" Fonteyn (dec)

Bob Akers

Anthony Praxel (dec)

Kenneth Scribner (dec)

Danielle Corcoran (dec)

Ben Dougherty (dec)

Fr. Art Wehr, SJ (dec)

The Wehr Family

Pope Francis

Joe Kievernagel

Dan Aseltine

Fred Garrison

Bob Akers

Norma Niekamp

Jerry Marenich

Shannon Langer

Michael Langer

Parishioners of SI, SJE, and

OLA Parishes

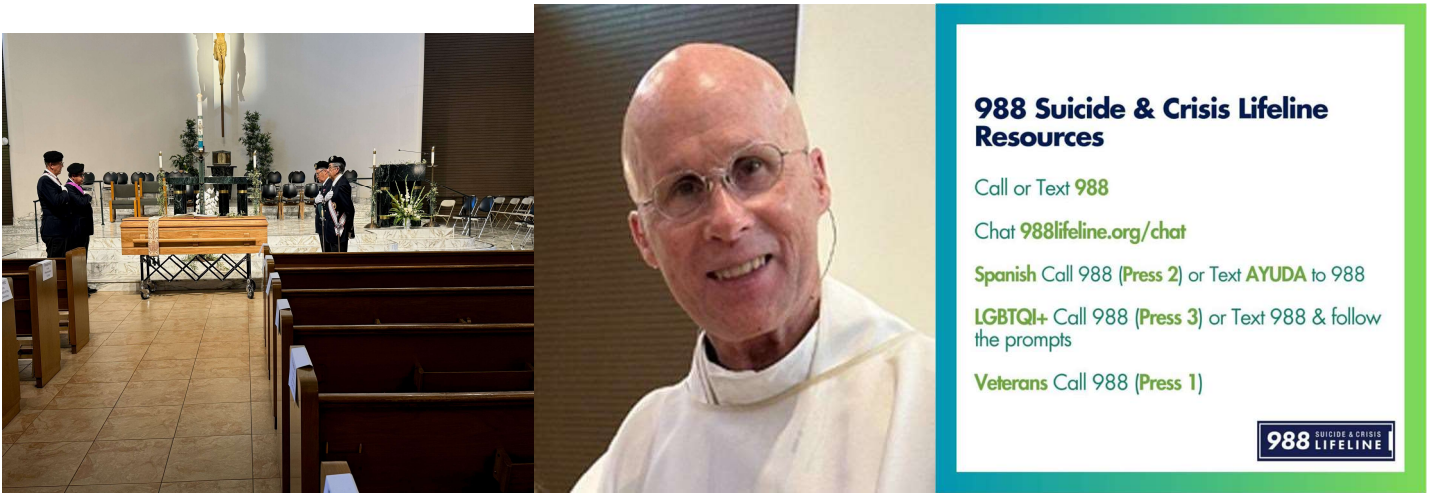
What's for Dinner?

Here are the upcoming cooks and menu for our Council Business Meeting Dinners

August	Shawn Herrick (ribs)
September	Will Friesen (Enchiladas)

Celebrating the Life of Father Art Wehr, SJ

By Michael Fazio, Editor



Our brother Knights stood with our Saint Ignatius family this month as we mourned the death of Father Art Wehr, SJ, who passed away on July 4, 2024.

Father Art served as a priest at SI for over 19 years. Father Art loved sacramental life. From the confessional to sick visits to the pulpit, I know Father Art's love of Christ came through in these graced moments. I know he appreciated all the work our Council did for the parish and would thank me often. I wish I had the chance to thank him, on behalf of all of us, for the blessings he brought to our parish.

Father Art took his own life. The SI community is experiencing shock, disbelief, and sadness.

Our brothers helped provide comfort and support to the SI community during this difficult time. Our Assembly Honor Guard, organized by Sir Knight Michael Langer, provided a solemn guard for Fr. Art. His mother, Margaret, told me that her husband, Art's father, was a Knight, and she thought of him standing guard with our brother Knights next to Fr. Art's casket during the Vigil and funeral. Many parishioners remarked at how wonderful it was to have the Honor Guard for Fr. Art. The parish noticed and appreciated the work of the Assembly.

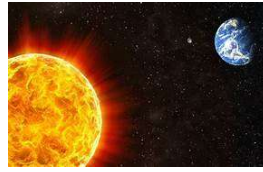
We also supported the funeral mass, vigil, and receptions following each. Brother Knights served as ushers and served refreshments. We helped as best we could under difficult circumstances. Father Tom Lucas thanked the Knights for all our assistance in his remarks at the end of the funeral mass.

If you or anyone you know is struggling with mental illness, please ask for help. I include some helpful numbers above. Also, check out SI website and YouTube page for some excellent homilies by Fr. Tom Lucas, who has provided spiritual insights and comfort on this tragedy.

May perpetual light shine upon Father Art, may he rest in peace, and may he be welcomed into the communion of Saints. Amen.

JOE'S CAFÉ...Stop by for a tasty bit!

By Joe Romanazzi, Past Grand Knight



KEEP
SILENCE

Shhhhh!

If humans went extinct, what would the earth look like one year later?

Carlton Basmajian, an Associate Professor of Community and Regional Planning and Urban Design at Iowa State University was asked a curious question posed by an 11-year-old. The question was, "If humans went extinct, what would the Earth look like one year later?" Professor Basmajian answered as follows in a written article published in various newspapers around the country in June 2023.

If humans just disappeared from the world, and you could come back to Earth to see what had happened one year later, the first thing you'd notice wouldn't be with your eyes. It would be with your ears. The world would be quiet. And you would realize how much noise people make. Our buildings are noisy. Our cars are noisy. Our sky is noisy. All of that noise would stop. You'd notice the weather. After a year without people, the sky would be bluer, the air clearer. The wind and the rain would scrub clean the surface of the Earth; all the smog and dust that humans make would be gone.

Imagine that first year, when your house would sit unbothered by anyone. Go inside your house – and hope you're not thirsty, because no water would be in your faucets. Water systems require constant pumping. If no one's at the public water supply to manage the machines that pump water, then there's no water. But the water that was in the pipes when everyone disappeared would still be there when the first winter came – so on the first cold snap, the frigid air would freeze the water in the pipes and burst them. There would be no electricity. Power plants would stop working because no one would monitor them and maintain a supply of fuel. So your house would be dark, with no lights, TV, phones or computers. Your house would be dusty. Actually, there's dust in the air all the time, but we don't notice it because our air conditioning systems and heaters blow air around. And as you move through the rooms in your house, you keep dust on the move too. But once all that stops, the air inside your house would be still and the dust would settle all over. The grass in your yard would grow – and grow and grow until it got so long and floppy it would stop growing. New weeds would appear, and they would be everywhere. Lots of plants that you've never seen before would take root in your yard. Every time a tree drops a seed, a little sapling might grow. No one would be there to pull it out or cut it down. You'd notice a lot more bugs buzzing around. Remember, people tend to do everything they can to get rid of bugs. They spray the air and the ground with bug spray. They remove bug habitat. They put screens on the windows. And if that doesn't work, they swat them. Without people doing all these things, the bugs would come back. They would have free rein of the world again. In your neighborhood, critters would wander around, looking and wondering. First the little ones: mice, groundhogs, raccoons, skunks, foxes and beavers. That last one might surprise you, but North America was once rich with beavers. Bigger animals would come later – deer, coyotes and the occasional bear. Not in the first year, maybe, but eventually. With no electric lights, the rhythm of the natural world would return. The only light would be from the Sun, the Moon and the stars. The night critters would feel good they got their dark sky back. Fires would happen frequently. Lightning might strike a tree or a field and set brush on fire, or hit the houses and buildings. Without people to put them out, those fires would keep going until they burned themselves out.

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After just one year, the concrete stuff – roads, highways, bridges and buildings – would look about the same. Come back, say, a decade later, and cracks in them would have appeared, with little plants wiggling up through them. This happens because the Earth is constantly moving. With this motion comes pressure, and with this pressure come cracks. Eventually, the roads would crack so much they would look like broken glass, and even trees would grow through them. Bridges with metal legs would slowly rust. The beams and bolts that hold the bridges up would rust too. But the big concrete bridges, and the interstate highways, also concrete, would last for centuries. The dams and levees that people have built on the rivers and streams of the world would erode. Farms would fall back to nature. The plants we eat would begin to disappear. Not much corn or potatoes or tomatoes anymore. Farm animals would be easy prey for bears, coyotes, wolves and panthers. And pets? The cats would go feral – that is, they would become wild, though many would be preyed upon by larger animals. Most dogs wouldn't survive, either.

In a thousand years, the world you remember would still be vaguely recognizable. Some things would remain; it would depend on the materials they were made of, the climate they're in, and just plain luck. An apartment building here, a movie theater there, or a crumbling shopping mall would stand as monuments to a lost civilization. The Roman Empire collapsed more than 1,500 years ago, yet you can see some remnants even today.

If nothing else, humans' suddenly vanishing from the world would reveal something about the way we treated the Earth. It would also show us that the world we have today can't survive without us and that we can't survive if we don't care for it. To keep it working, civilization – like anything else – requires constant upkeep.

Professor Basmajian pointed out early in his interesting article, that our world is very noisy. Bishop James D. Conley of the Diocese of Lincoln, Nebraska, wrote in a Feb 2017 article, "We live in The Age of Noise. The "age of noise" diminishes virtue, and charity, and imagination, replacing them with anxiety, worry, and exhaustion." He went on to say, "The Lord didn't make us for this kind of noise. The noise of our culture is designed to disturb and frighten us, and to distract from the unchanging and ever-loving God."

My Brothers, we know from Genesis that God created the earth and everything on it. He looked at everything he had made, and found it very good. But generations of men and women have thought what God had made could be vastly improved upon. Eventually, the "age of noise" referenced by Bishop Conley in his article, along with all of its cultural and societal problems was ushered in. I doubt few of us would disagree that we live in a world that is probably the noisiest in history. This makes it difficult for us to understand and to reflect upon God's will for our lives. The good news is we can turn down the noise, and the Lord himself

can calm our hearts and renew our minds. Two easy actions we can take are silent prayer and contemplation before the Blessed Sacrament and attending silent retreats. The proverb, "Speech is silver, silence is golden" has never been more relevant than it is today.

It's on the Web!

You don't need to wait for the Paladin to get your updates on Council 4970 activities. Our website, www.kofc4970.com is now regularly updated with the latest information. Hope you visit often!

Hopefully we'll get our social media presence up and running soon so we'll be able to communicate across a wide variety of platform. Let our Grand Knight know if you can help!

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**ELECTRONIC SERVICE
REQUESTED**

Ladies Luncheon

By Jean Gobbo

The next ladies luncheon will be held on August 15th at 1 p.m. at Bennett's Restaurant, 2232 Fair Oaks Blvd, Sacramento (near Howe Ave). **This is a change from our Council's recent Email Blast regarding the Crab Shack. Sorry for the confusion.**

Our July luncheon was well attended with 12 ladies present. The staff at the Sizzler was very attentive and we were well served. Looking forward to our August luncheon.

All our newer Lady Knights as well as those who we haven't seen in a while, it would be great to have you join with us. Questions? Call either Glenda MacDonald at 916-524-8933 or Jean Gobbo at 916-261-8674. See you on the 15th after attending Mass for the Feast of the Assumption!

