

# THE Paladin



Knights of Columbus Arden/Carmichael Council 4970 District 9 – Division 4  
Serving Our Lady of the Assumption, St. Ignatius of Loyola, and St. John the Evangelist Parishes



FEBRUARY 2024

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## Forgive Us As We Forgive Others

*By Will Friesen, Grand Knight*

The brilliance of the liturgical calendar is amazing. Clearly the Holy Spirit is in charge of our church because no man could have put this together. Please understand, man keeps making mistakes but it's the Holy Spirit that keeps mother church on track.

We are getting ready to enter the season of Lent. Lent is a season of reflection followed by Easter, the day of forgiveness. Let's prepare ourselves for Easter by getting our souls ready. Let's find ways to make us better during this time of reflection.

Let's start by setting the alarm for 10 minutes earlier during Lent. During that 10 minutes I want us to reflect on the line from the Lords prayer that says, "Forgive us our trespasses AS we forgive others." Forgiving others is hard enough without considering how bad I am at forgiving others. I want God to forgive me "better" than I forgive others.

Let me shift gears for a moment. Last month I asked, "To whom do you pray?" Today, I want to ask, "For what do I pray?"

It is normal to turn to God when you need help. Sometimes that need is personal, such as healing when you are sick or hurt. Sometimes our prayers are for comfort for a friend or loved one. Sometimes it is for something even grander, such as healing for our church or world peace. As I said, it is normal to bring our petitions to God. God is always listening.

How often do you turn to God in prayer to ask, "God, what do you need from me?". That might sound arrogant. God is all powerful, what could he possibly need from me? Where do I start?

During our extra 10 minutes in the morning, let's ask 4 questions:

- 1) God, who have I hurt? Who do I need to go to and ask for forgiveness?

## February Calendar

### February 1

Men's Bible Study, 7 p.m., SI

### February 6

Rosary, 7 p.m., Zoom

### February 13

Dinner and Business Meeting, 6 p.m.,  
St. John's Hall, OLA

### February 14

Ash Wednesday/ Start of Lent

### February 15

Ladies Luncheon, Cracker Barrell, 1 p.m.  
Men's Bible Study, 7 p.m., SI

### February 17

Funeral for Brother Ben Dougherty, 2 p.m.  
OLA

### February 20

Rosary, 7 p.m., Zoom

### February 27

Planning Meeting, 7:30 p.m.,  
St. John's Hall, OLA

### March 2

Cornhole Tournament, 6 p.m., SI

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- 2) God, who has hurt me where I have held onto anger and hate? What can I do to help me let go? Please give me the strength to seek them and tell them that I forgive them.
- 3) God, who do I know that could use an extra act of kindness or friendship? What can I do?
- 4) God, who do I know that is hard to love? How can I fix myself to be better able to show them love?

Pause for a minute after each question and listen to what God says during the silence. This daily 10 minutes will change your Lent. This will supercharge your Easter. This will increase your happiness. This will help your walk with Jesus.

God Bless!

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## From the Deputy Grand Knight

*By Frank Consulo, Deputy Grand Knight*

As we begin our new calendar year, we look forward to what we can achieve as a Council. We have a Fish Fry Coming up on March 8 at Saint Ignatius, a Corn Hole event scheduled for March, more Pancake Breakfast and (hopefully) a Cioppino dinner.

This month we celebrate the birthdays of two American presidents- Abraham Lincoln and George Washington. We also celebrate the feast day of Saint Valentine of Rome, a third-century Roman saint, on February 14<sup>th</sup>. St. Valentine is the patron saint of Love, young people, and happy marriages. Charles M. Schultz, creator of the comic strip *Peanuts*, observed "All you need is Love--but a little chocolate now and then doesn't hurt."

Our Business meeting is on February 13 at OLA, with dinner at 6:30 p.m. and the meeting at 7:30 p.m. We hope to see everyone there. Planning meeting on February 27 at OLA starts at 7:30 p.m.

Ash Wednesday and Lent begin on February 14. See the parish bulletin for mass times and services at St Ignatius, Our Lady of Assumption, St. Johns Evangelist.

Father in Heaven, the light of your truth bestows sight to the darkness of sinful eyes. May this season of repentance bring us the blessings of your forgiveness and gift of your light. Grant this through Christ our Lord. Amen

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## Camp ReCreation Director Expresses Thanks and Appreciation

By Joe Romanazzi, Past Grand Knight and ID Chairman

A happy and appreciative Camp ReCreation Director Carrie Judd came to our January 9, 2024 Business Meeting and took two checks representing \$33,108.61 (gross revenue) back to her organization. The checks represented the results of Arden-Carmichael Council 4970's 2023 ID Drive for the benefit of Camp ReCreation. Carrie thanked us for our hard work and dedication to the ID (Tootsie Roll) Drive which sends intellectually disabled teens and young adults to Camp Ronald McDonald at Eagle Lake every June. Pictured in the presentation photo below are (L-R): Acting DD9 Lou Salvatore; PGK Joe Romanazzi, Council ID Drive Chairman; Carrie Judd, Camp ReCreation Director; DD7 William Wagner; and DD5 Tim Schott, Nor Cal ID Chairman.



### PRAYER LIST

Please remember these intentions in your prayers:

**All children lost to abortion  
All unborn children and their mothers**

**All Caregivers of the sick  
Deceased of Council 4970**

***Joe Kievernagel***

***Dan Aseltine***

***Pope Francis***

***Pope Benedict (dec)***

***Michael Aseltine (dec)***

***Christopher Scott (dec)***

***Jacintha Ezeudoye (dec)***

***John DePiazza (dec)***

***Robert Sholtes(dec)***

***Rick Di Regolo (dec)***

***Frank Gianattasio (dec)***

***Georgia Royal (dec)***

***Michael Profumo (dec)***

***Joan Cotton***

***Carolyn "Susie" Fonteyn (dec)***

***Bob Akers***

***Anthony Praxel (dec)***

***Kenneth Scribner (dec)***

***David Bland (dec)***

***Danielle Corcoran (dec)***

***Ben Dougherty (dec)***

***Parishioners of SI, SJE, and***

***OLA Parishes***

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**At the Meeting**

By Michael Fazio, Editor

Here's are some highlights from a busy January Business Meeting:

A heartfelt thank you to Financial Secretary Deacon Larry Niekamp (pictured below, center), who will be stepping down from the position. Deacon Larry did an amazing job as Financial Secretary and deserves our thanks and praise for his excellent work. Brother Tom Kuzmich has been appointed as our new Financial Secretary.



We also welcomed two recent transfers: Tom Sweeney and Ernesto Kader.

And we honored our recently departed Guard and brother Knight Ben Dougherty with his Inside Guard jewel draped over his chair.



**Another Successful Ladies Night Out!**



16 Knights and Lady Nights enjoyed a fun night at Chillis'!

## Local Parish Students Compete in Council Free Throw Championship

By Loren Wallen, Past Grand Knight, Free Throw Chair

This year our **Council Free Throw Championship** was done in three phases. The first phase was done during the 3<sup>rd</sup> - 8<sup>th</sup> grade PE classes at Our Lady of the Assumption School on Jan. 16 and 17. Thank you to PE teacher Jenna Koekemoer and Principal Robert Love for inviting us to hold this contest at their school where 84 kids participated. The second phase was held in the 3<sup>rd</sup> - 8<sup>th</sup> grade PE classes at St. John the Evangelist School on Jan. 18<sup>th</sup>. Thank you to PE teacher Kevin Rogers and Principal Christie Horton for inviting us to hold this contest at their school where 111 kids participated. The third phase was done during the 3<sup>rd</sup> - 8<sup>th</sup> grade PE classes at St. Ignatius School on Jan. 19<sup>th</sup>. Thank you to PE teacher Dan Peterson and Principal Patti Kochis for inviting us to hold this contest in their school where 91 kids participated. After all three schools were done, the results of the kids from all schools were compared, any ties were broken, and our council winners were determined. There were 286 boys and girls combined from the three schools that participated. Thank you to all the kids that came, stepped up to the line, & took their 15 free throw shots. The 2024 Council 4970 winners are;

Age 9 – Girls: Mackenzie Marino (7/15)(2/5) – St. Ignatius of Loyola

Boys: Theo Swanston (11/15) – Our Lady of the Assumption

Age 10 – Girls: Emma Luppino (9/15) – St. John the Evangelist

Boys: Gavin Burns (10/15)(3/5) – Our Lady of the Assumption

Age 11 – Girls: Paige Stradford (11/15) – Our Lady of the Assumption

Boys: Rafael Palamiano (14/15) (5/5) - St. Ignatius of Loyola

Age 12 – Girls: Hassanah Ramsey-Gilbert (9/15) – St. Ignatius of Loyola

Boys: Jax Richter (11/15) – St. Ignatius of Loyola

Age 13 – Girls: Elise Vipond (13/15) – Our Lady of the Assumption

Boys: Beckett Nelson (11/15) – Our Lady of the Assumption

Age 14 – Girls: Joie Dickerson (8/15) – St. Ignatius of Loyola

Boys: Joseph Pescetti (14/15) – St. Ignatius of Loyola

Many thanks to all the Brother Knights that helped; Joe Romanazzi, Peter Kilkenny, Steve Millner, Ken Macdonald, Bill Davis, Michael Langer, Len Zerilli, Frank Consulo, Gary Mello, Tom Kuzmich, Todd Wilson, and Steve Hall. These Council winners will go on to compete at the District 9 contest on Sunday night February 4 at the St. Ignatius gym from 6-8 pm. District winners will go to the NorCal Chapter contest on Saturday February 24 at St. John the Baptist Church in Folsom. The Chapter winners will then go on to compete at the Northern State Championship on Saturday, March 16, possibly at Our Lady of the Assumption. Twenty-five free throws will be attempted by the kids at all three of these next contests.

***Check out the photos on page 7***

## JOE'S CAFÉ...Stop by for a tasty bit!

By Joe Romanazzi, Past Grand Knight



### When the Truly Rich and the Truly Poor are Revealed

Americans consider themselves wealthy if they have an average of \$2.2 million in assets, according to data from Charles Schwab's *2023 Modern Wealth Survey*. The survey polled 1,000 Americans aged 21 through 75 about their views on saving, spending, investing, and wealth. The survey results found that many participants, particularly those of the younger generations, answered that money alone didn't always equal wealth. In their judgment, experiences, relationships, and careers carried just as much value. Nearly half of Americans (48%) polled said they already felt wealthy, despite having an average net worth of around \$560,000. When asked to define wealth in their own words, 40% of Americans mentioned well-being, followed by money (32%) and assets. But twice the number that mentioned money (nearly 62%) said healthy relationships with loved ones was the true definition of wealth.

In September 2023, the U.S. Census Bureau announced the number of Americans living in poverty went up for the first time in years. According to the Census Bureau's *Official Poverty Measure (OPM)*, a family of four lived in poverty if they made less than \$29,950 annually. For a single person, the number was \$14,880. Experts cautioned the trend, including an increasing child poverty rate, could get worse if government officials and politicians failed to fill in families' financial gaps with adequate social safety net programs. Data showed that in 2022, 12.4% of Americans lived in poverty, up from 7.8% in 2021. This represented millions more living without the minimum level of resources to meet their basic needs.

The Federal Reserve's *Survey of Consumer Finance (SCF)*, has been collecting data on net worth and all its components since 1989. The project gives a snapshot of the state of wealth in the U.S. so that economic well-being and formidable issues of income inequality, including trends over time can be assessed every three years. The most recent version is from 2019. **One of the key findings was that the top ten percent of households own 76% of all wealth in the U.S., while the bottom 50% of households own just 1% of all wealth.**

My Brothers, Saint John Chrysostom (349-407), Archbishop of Constantinople, was an eloquent preacher and commentator on Scripture. He is a Doctor of the Church and was named the patron saint of preachers by Pope Pius X in 1908. He worked very hard for the cause of the poor and marginalized people. He was concerned above all for the spiritual and temporal welfare of the needy and the oppressed. He was not alone among the early Church Patriarchs in speaking out against the abuse of wealth. He believed that personal property is not strictly private but a trust. St. John Chrysostom wrote a discourse about how we all must give an account of our life and our good deeds. In it he wrote reputation and wealth will mean nothing. Here is an excerpt: ... *So it is also in life and its end. The present world is a theater, the conditions of men are roles: wealth and poverty, ruler and*

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*ruled, and so forth. When this day is cast aside, and that terrible night comes, or rather day—night indeed for sinners, but day for the righteous—when the play is ended, when the masks are removed, when each person is judged with his works, not each person with his wealth, not each person with his office, not each person with his authority, not each person with his power, but each person with his works, whether he is a ruler or a king, a woman or a man, when he requires an account of our life and our good deeds, not the weight of our reputation...when the masks are removed, then the truly rich and the truly poor are revealed.*

### Photos from Council Free Throw Championship

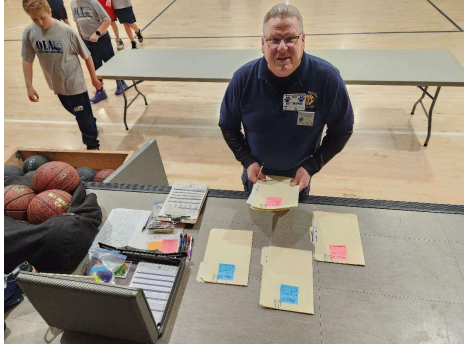


Brother Len Zerilli trying out for the new NBA logo. Move over Jerry West!

Father Dominic showing off his skills. We'll assume it went in on a prayer! 😊



Our team at St: Brothers Michael Langer, Joe Romanazzi, Steve Millner, Peter Kilkenny, Loren Wallin, Tom Kuzmich, Len Zerilli, Todd Wilson and Gary Mello. Frank Consulo not present when photo taken.



Brother Loren prepares at OLA



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ARDEN – CARMICHAEL COUNCIL 4970  
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**ELECTRONIC SERVICE  
REQUESTED**

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## Ladies Luncheon

*By Jean Gobbo*

The ladies' luncheon on January 18 was another complete success! We look forward to the next one, February 15, at Cracker Barrel on Howe Avenue (1000 Howe). Because Cracker Barrel does not take reservations, it is suggested you arrive before 1 p.m. Some of the ladies will try to arrive by 12:30 p.m. and get on the "List".



We have also planned our March luncheon. We will start with Stations of the Cross, outdoors at the Christ the King Retreat Center (weather permitting), 6520 Van Maren Lane, Citrus Heights, starting at 12 noon, and from there go to the Back Forty Restaurant at 1201 Orlando Ave, Citrus Heights.

Looking forward to our next meetings!

Any questions? Call either Glenda Macdonald at 916-524-8933 or myself Jean Gobbo at 916-283-5223.

