

# THE Paladin



Knights of Columbus Arden/Carmichael Council 4970 District 9 – Division 4  
Serving Our Lady of the Assumption, St. Ignatius of Loyola, and St. John the Evangelist Parishes



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## Love

*By Frank Consulo, Grand Knight*

What do you think of when you hear the word **LOVE**? When I hear the word love, I think of being a young child alongside my brothers and sisters, mother, and father. We were a tight-knit family, and my parents always met our needs and kept us comfortable.

Storge is a Greek word that means “familial love” or “love between parents and children.” A good example of this type of love was all the Saturday mornings my father spent driving my siblings and me from Downieville, CA, to Sacramento, CA, to get us kids to Catechism class. That is where I started to learn another form of love. The love of Jesus, or “agape love.”

I remember learning through Jesus' books about love and all the nun's stories and their teaching. Learning about how Jesus died for us. At that time I don't think I truly understood. I had to live it to learn. So many different emotions I learned growing up for love—meaning some were painful.

No other word in our language is more abused, misused, and confused than the word love. Doing some research in the Bible terms here is what I found in catholic findings.

Love is sacrifice, the emptying of oneself for another. The entire Bible is about love, God's love for us. Sometimes it's a hard love and sometimes it's a sacrificial love, but it's always about love. St. Paul wrote extensively about love in [1 Corinthians 13](#).

Love “is not rude, it does not seek its interests, it is not quick-tempered, it does not brood over injury, it does not rejoice over wrongdoing but rejoices with the truth. It bears all things, believes all things, hopes all things, endures all things. Love never fails.”

No matter what kind of parent one is (mom, dad, grandparent, step-parent, foster parent, etc.), this is what true love for a child looks like. We give ourselves to our children in an act of love, seeking to provide for their every need. We build them up with all we can give of ourselves.

Our children are no more perfect than we are, and sometimes they need more help than we did at their age. Whether it's behavior, ADHD, autism, developmental delays, or other physical or mental challenges, our kids need love just the same as we do. As parents, we strive to do just that. We hit roadblocks for sure, such as tiredness, financial stress, marital tension, and lack of access to education or services, but one thing always comes first. That is love.

## February Calendar

**We have a new way for you to keep up with all our Council events!**

<https://kofc4970.com/calendar>

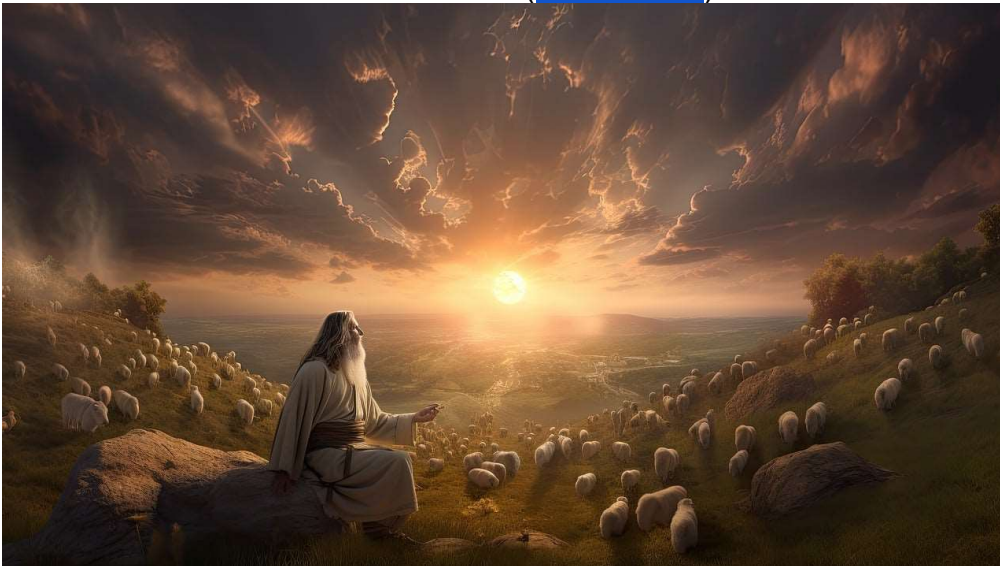
**Click on the link above to access the latest, up-to-date, Council calendar.**

Our love for them is first, just as God's love for us is first. So take a breath, mama. Breathe out, dad. When all the world seems shaky and you feel like you're not doing enough or finding the solution, breathe. Just stop for a moment and remember to just love them in the moment.

Love comes in hugs when school isn't going right. It comes in early bedtimes when the day's been hard. It comes in timeouts and punishments when we love them enough to try to teach them right from wrong. Love can be stern or gentle, but it is never hostile or hurtful. If other things are, remember also, that love is forgiving. Love is honest. Love is reconciliation.

We are not perfect by far, but we do love our children as the Lord first loved us.

"We love because He first loved us." ([1 John 4:19](#))



Love passes through three stages. Love is attentive, appreciative, and affectionate. By paying attention we focus on the truth of the other person. We listen with love as we tune in to the truth of the other, the truth that, however clumsily, the other is trying to express. By showing appreciation we indicate that we value the other as fundamentally good. Love shows appreciation by affirming the goodness of the other. Affection is love expressing itself by rejoicing in the desirability of the other. Gifts, touches, smiles, sacrifices, and favors are among the many ways in which love expresses its affection and affirms the desirability of the other. It crowns its recognition of the other's truth and goodness.

God so loves His children that He would offer His son for the salvation of humanity. This message was deliberately delivered to the Apostles so that the Good News may be delivered to all the nations.

**Romans 5:5, Hosea 2:23, Deuteronomy 7:9, John 3:16, John 3:1.**

**TYPES Of Love: 1.Storge, 2.Agape, 3.Eros, and 4.Philia**

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**You don't need to wait for the Paladin to get your updates on Council 4970 activities. Our website, [www.kofc4970.com](http://www.kofc4970.com) is now regularly updated with the latest information. Hope you visit often!**

## Council 4970's Presents Largest Check Ever to Camp ReCreation at January Business Meeting

*By Joe Romanazzi, PGK and ID Drive Chairman*

Our Council's largest ever ID Drive check to the Camp ReCreation organization was presented to Camp Director, Carrie Judd, at our Business Meeting on January 14, 2025. The photos below show the presentation of the check by GK Frank Consulo and PGK Joe Romanazzi to Camp Director Carrie Judd and Brother Knights gathered around a happy Carrie.

Donations to Arden-Carmichael Council 4970's 2024 ID Drive exceeded a breathtaking \$35,800, shattering all previous records. Each year as part of our LIFE focus in the Faith in Action commitment, Arden-Carmichael Council 4970 hands out free Tootsie Rolls to raise money for Camp ReCreation. Camp ReCreation is a local non-profit for children and adults with physical and mental disabilities. Through local events and three one-week long summer camps, Camp ReCreation is able to create an inclusive and supportive environment for their

camp friends to feel safe, loved and seen. Our Council's support of Camp ReCreation helps them to create a lasting impact on the local special needs community.



## Annual K of C Basketball Free Throw Contest Update

By Loren Wallin, PGK and Free Throw Chairman

This year our **Council Free Throw Championship** was held in three phases. The first phase was done during the 3<sup>rd</sup> - 8<sup>th</sup> grade PE classes at Our Lady of the Assumption School on Jan. 13 and 14. Thank you to PE teacher Jenna Koekemoer and Principal Robert Love for inviting us to hold this contest at their school where 88 kids participated. The second phase was held in the 3<sup>rd</sup> - 8<sup>th</sup> grade PE classes at St. John the Evangelist School on Jan. 16. Thank you to PE teacher Kevin Rogers and Principal Christie Horton for inviting us to hold this contest at their school where 92 kids participated. The third phase was done during the 3<sup>rd</sup> - 8<sup>th</sup> grade PE classes at St. Ignatius School on Jan. 17. Thank you to PE teacher Dan Peterson and Principal Patti Lane for inviting us to hold this contest in their school where 94 kids participated. After all three schools were done, the results of the kids from all schools were compared, any ties were broken, and our council winners were determined. There were 274 boys and girls combined from the three schools that participated. Thank you to all the kids that came, stepped up to the line, and took their 15 free throw shots.

The 2025 Council 4970 winners are:

### Age 9

- Girls: Maddie Nelson (8/15) – St. John the Evangelist
- Boys: Patrick Sammut (8/15) – St. Ignatius of Loyola

### Age 10

- Girls: Mila Popjevalo (10/15) (4/5) – St. John the Evangelist
- Boys: Declan Broderick (12/15) – St. Ignatius of Loyola

### Age 11

- Girls: Elizabeth Leonard (7/15) (2/5) (3/5) – St. John the Evangelist
- Boys: Tyler Irwin (14/15) - St. John the Evangelist

### Age 12

- Girls: Kamryn Bristol (9/15) – St. Ignatius of Loyola
- Boys: Travis Vipond (15/15) – Our Lady of the Assumption

### Age 13

- Girls: Elizabeth Bettar (10/15) – St. Ignatius of Loyola
- Boys: Luke Wyatt (13/15) – St. Ignatius of Loyola

### PRAYER LIST

Please remember these intentions in your prayers:

**All children lost to abortion  
All unborn children and their mothers**

**All Caregivers of the sick  
Deceased of Council 4970**

**Rick Di Regolo (dec)  
Georgia Royal (dec)  
Carolyn "Susie" Fonteyn (dec)  
Anthony Praxel (dec)  
Kenneth Scribner (dec)  
Danielle Corcoran (dec)  
Ben Dougherty (dec)  
Fr. Art Wehr, SJ (dec)  
John Heiman (dec)  
Gerald Marenich (dec)  
David Schwartz (dec)  
Joe Kievernagel (dec)**

**The Wehr Family**

**Pope Francis**

**Fred Garrison**

**Bob Akers**

**Joan Cotton**

**Shannon Langer**

**Michael Langer**

**Gwenn Wilson**

**Fr. Tom Bland**

**Parishioners of SI, SJE, and  
OLA Parishes**

**To report illness or death  
contact the Grand Knight**

Age 14

- Girls: Elise Vipond (12/15) – Our Lady of the Assumption
- Boys: John Wheeler (9/15) – Our Lady of the Assumption
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Many thanks to all the Brother Knights that helped: Michael Corcoran, Steve Millner, Joe Romanazzi, Peter Kilkenney, Ken MacDonald, Michael Langer, Len Zerilli, Mike Dougherty, Frank Consulo, Rich Romo, Dave Seigel, Steve Hall, and Aaron Stroh.

## Goodbye and Good Luck, Father Amar, MSFS

By Joe Romanazzi, PGK



While still immersed in the ongoing celebration of Christmas, rejoicing in the birth of our Lord and Savior Jesus Christ, it was announced that St. John the Evangelist (SJE) Church's Parochial Vicar, Fr. Amar Nagothu, MSFS, was being transferred to St. Joseph's Catholic Church in Kingston, NY. SJE Parishioners, including Council 4970 Knights and Lady Knights, gathered on the last Sunday in December to say good-bye and good luck at a luncheon held in the Parish's Tralee Center.

Father Amar Nagothu of the Missionaries of St. Francis de Sales (MSFS) arrived from a parish in Jacksonville, Florida to serve the SJE Parish Community in July 2023. Upon his arrival in Carmichael, Fr. Amar quickly transferred his K of C membership to our Council 4970. He attended meetings and participated in events as his time allowed. In the short time he was at SJE and in our Council, Fr. Amar demonstrated Jesus' compassion, mercy, kindness, and love in all his interactions. His presence at SJE was felt in every aspect of parish life.

Council 4970 bids our Brother Fr. Amar a fond farewell **and wishes him the best in his new assignment for the Archdiocese of New York.** Let us always give thanks to God for the precious gift of the priesthood and to priests like Father Amar, MSFS who tirelessly spread Christ's message.



## JOE'S CAFÉ...Stop by for a tasty bit!

By Joe Romanazzi, Past Grand Knight

### Matrimony: Romance, A Leap of Faith and a Covenant with Christ



Marriage is a practice common to all cultures in all ages. Some folks akin it to trying to solve a jigsaw puzzle whose pieces keep on changing shapes. Still others hold Marriage to be a leap of faith in that you never know what you are getting into or what the future holds. American poet Frederic Ogden Nash (1902 -1971) said, "Marriage is the alliance of two people—one of whom never remembers birthdays and the other never forgets them. Of course, we all know it is a little of each of the above and much more. After reading magazine articles about Mail Order Brides and others about marriage in general, it's easy to come to the conclusion that most people spend more time preparing for their careers than for their marriages.

The term Mail Order Brides dates back to the 1800's in the United States. As the story goes, many men were obsessed with the Gold Rush and went to the American frontier to reap the benefits of it. They lacked women for marriage so they sent letters to churches in the East requesting brides, as well as publishing personals in the media. Interested single women would send them letters and photos. Mail-Order Bride services even appeared. The creation of the telegraph and breakthroughs in photography technology also played important roles in the marriage industry during the 19th century. The telegraph was a first step towards the development of the Internet and the online dating industry we know today. High quality photo reproduction enabled companies to publish books containing photos and short profile descriptions of women willing to get married. Mail Order Brides had to have faith and determination with their uncertain future. In most cases, the marriages went smoothly as both parties represented themselves accurately and their marriages ended in long and seemingly happy marriages. As women arrived and men started homesteads and families, the "wild west" began to evolve from a place of saloons, brothels, and mining camps, into a landscape of towns, with homes, churches and schools.

Like marriage itself, the search for "someone special" for a romantic relationship is not easy. Today more than ever, there are a lot of scammers who look for naive people to prey on. Consider this story that all began with the *proverbial forbidden fruit!* A woman ran a red traffic light and crashed into a man's car. Both of their cars were demolished, but amazingly neither of them was hurt. After they crawled out of their cars, the woman said, "Oh! Just look at our cars! There's nothing left, yet, fortunately, we are unhurt. This must be a sign from God that we should meet and be friends and live together in peace for the rest of our days." The man replied, "I agree with you completely. This must be a sign from God!" The woman continued, "And look at this, here's another miracle. My car is completely demolished, but my bottle of 75-year-old scotch didn't break. Surely God meant for us to drink this vintage delicacy and celebrate our good fortune." Then she handed the bottle to the man. The man nodded his head in agreement, opened it, drank half the bottle, and then handed it back to the woman. The woman took the bottle, immediately put the cap back on and handed it back to the man. The man asked, "Aren't you going to have any?" She replied, "No... I think I'll just wait for the police."

My Brothers, God said in Genesis 2:18, “*It is not good for the man to be alone. I will give him a helper who will be like him.*” And with those words it all began. According to the Bible, Adam and Eve are considered as the first wedded couple. But their seemingly perfect love story was distorted due to sin. The marriage of Mary and Joseph on the other hand is an example of forgiveness, acceptance, and true love. Marriage is a natural institution, something common to all mankind and is meant to be a lifelong, happy union. Marriage in our Catholic Church, however, is more than a natural institution. Christ elevated it to a supernatural institution when He participated in the wedding at Cana and made it one of the Seven Sacraments. The Matrimonial Covenant makes a man and woman husband and wife and gives them grace to live with God, for God and each other until separated by death. St. John Paul II wisely said, “Love that leads to marriage is a gift from God and a great act of faith toward other human beings.” Retired Cardinal Raymond Burke declared, “There is no greater force against evil in the world than the love of a man and woman in marriage. After the Holy Eucharist, it has a power beyond anything that we can imagine.”

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## Around the Council

Check out the [December 29, 2024 SJE Bulletin](#) for a piece recognizing two of our brothers—Rick Sandoval and Jim Toner—for their work for the Saint Vincent DePaul Society at SJE’s annual SVdP Top Hat Awards Ceremony.

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## Ladies Luncheon

*By Jean Gobbo*

The Cheesecake Factory was very well received for the ladies’ luncheon in January, and we now look forward to the Back 40 Bar-b-que for our February luncheon. The Back 40 is located at 1201 Orlando Ave, Roseville, right on the border of Citrus Heights and Roseville. (very close to the I-80 on ramp to Reno).

Lunch is planned for 1 pm on Thursday, February 20, and we have a few new Lady Knights (whose husbands recently joined our KofC Council). We are very casual and laugh a lot. I hope you and all Lady Knights and their guests can join us. In January we met Linda Wagner and look forward to seeing her again.

Glenda will be calling a few days before to remind you. If you have any questions either about the luncheon, its location or other questions, feel free to contact me, Jean Gobbo, at 916-261-8674, or Glenda at 916-524-8933. See you on February 20.

