

THE Paladin



Knights of Columbus Arden/Carmichael Council 4970 District 9 – Division 4
Serving Our Lady of the Assumption, St. Ignatius of Loyola, and St. John the Evangelist Parishes



JANUARY 2023

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Happy New Year

By *Tim Spinelli, Grand Knight*

I hope that everyone enjoyed this Advent and Christmas season with their loved ones. Our council has really been getting back into the swing of things and bringing back many of the social events we enjoy so much. This last year we had many events including Ladies Night Out dinners, Pancake Breakfasts, Widow's Memorial Mass and Luncheon, Fireworks booth, and our wildly successful ID Drive to name a few.

The New Year came in roaring, with great winds and the blessing of rain. We have much to look forward to in this coming year. The ideas are pouring in at our planning meetings and I am sure our calendars will be filling up. With the Snow Train trip being planned, another pancake breakfast in the works, and veteran's support programs on the calendar we have a strong start. Let's keep those ideas coming, roll up our sleeves, and continue to serve our community.

I look forward to meeting with you again after the holidays and seeing where we can take our council in the next year.

God Bless!

Donations to our Annual ID Drive Exceed \$20,000, Shattering all Previous Records

Joe Romanazzi, PGK and Council ID Drive Chairman

The results of our Council's 2022 ID Drive were spectacular, breaking all previous donation records. We received an additional \$6,850 in ID Drive donations in December, which brought our total to \$20,074.29. This is an increase of almost \$4,000 over last year's total of \$16,112.30. Below are our final 2022 updated Council figures for the benefit of the "Special Campers" of Camp ReCreation.

The Spirit of the Lord is upon our Council as we continue to witness to His compassionate love. Not only with our annual ID Drives, but with all of our programs and activities.

- St. John the Evangelist Parish (SJE): \$1,707.02
- Our Lady of the Assumption Parish (OLA): \$2,138.41
- St. Ignatius of Loyola Parish (SI): \$2,002.35
- Emigh Hardware: \$1,722.51
- Mail-ins received from Brother Knights, Lady Knights and Others: \$12,504.00

TOTAL DONATIONS RECEIVED: \$20,074.29

January Calendar

Jan 3 – Rosary 7 pm
Zoom

Jan 5 – Memorial Mass-
Salome Uche 8:30 am
Saint John the Evangelist

Jan 10 – Free Throw Contest
OLA School

Jan 10 – Business Meeting 7:30 pm
Our Lady of the Assumption

Jan 11 – Free Throw Contest
OLA School

Jan 13 – Free Throw Contest
Saint Ignatius School

Jan 17 – Rosary 7 pm
Zoom

Jan 19 – Free Throw Contest
Saint John the Evangelist School

Jan 19 – Ladies Luncheon 1 p.m.
River City Brewery

Jan 19 – Men's Bible Study 7 p.m.
Rose Room, SI

Jan 22 – Pancake Breakfast
Saint Ignatius Parish Center

Jan 24 – Planning Meeting 7:30 pm
Our Lady of the Assumption

Jan 31 – Ladies Night Out 6 p.m.
El Tapatio, Citrus Heights

A Christmas Poem

By Michael Fazio, Editor

For your reflection this month, I offer Henry Wadsworth Longfellow's Christmas Bells. Written at the time of the Civil War, his poem provides hope during a difficult time in our nation. As our world becomes more chaotic, may Longfellow's words provide hope and comfort to you during the Christmas Season.

Christmas Bells

By Henry Wadsworth Longfellow

I heard the bells on Christmas Day
Their old, familiar carols play,
And wild and sweet
the words repeat
Of peace on earth, good-will to men

And thought how, as the day had come,
The belfries of all Christendom
Had rolled along
The unbroken song
Of peace on earth, good-will to men!

Till ringing, singing on its way,
The world revolved from night to day,
A voice, a chime,
A chant sublime
Of peace on earth, good-will to men!

Then from each black, accursed mouth
The cannon thundered in the South,
And with the sound
The carols drowned
Of peace on earth, good-will to men!

It was as if an earthquake rent
The hearth-stones of a continent,
made forlorn
The households born
Of peace on earth, good-will to men!

And in despair I bowed my head;
"There is no peace on earth," I said;
For hate is strong,
And mocks the song
Of peace on earth, good-will to men!"

Then pealed the bells more loud and deep:
"God is not dead, nor doth He sleep;
The Wrong shall fail,
The Right prevail,
With peace on earth, good-will to men."



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Council Brother Fr. Alban Uba's Sister Passes Away

Brother Fr. Alban Uba's sister, Salome Uche, passed away unexpectedly in Nigeria on December 10, 2022. A Council 4970 requested Mass will be celebrated for the repose of Salome's soul on January 13, 2023 at 8:30 A.M. at St. John the Evangelist Church. May God grant her eternal rest and strengthen and comfort to Fr. Uba and his family. May she rest in peace.

JOE'S CAFÉ...Stop by for a tasty bit!

By Joe Romanazzi, Past Grand Knight

The Rule of Three

A rooster signaled the arrival of dawn on a recent early Sunday morning at Joe's Cafe. The early hour found Chef Luigi and his kitchen and dining room crews already hard at work preparing to greet hungry customers. Sundays are usually very busy as many families with children visit the Café after Masses at several nearby Catholic Churches. The McFarland's are one such family and visit often. The family consists of parents Ralph and Lillian and their 3 daughters, Bailey age 9, Betsy age 6, and baby Brinley age 3. Shortly after being seated and ordering their breakfast selections, Bailey curiously gazed at a wooden stool, one of several located in front of the counter. She asked her dad, "The tables and chairs here all have four legs. What keeps that stool with only three legs from falling down?" Ralph, a mechanical engineer by profession, explained that the concept is simple and is based on the Rule of Three. He said, "The stool's three legs are inter-dependent on each other, providing structure and balance. Moving any of the legs won't change the stability but remove one of the legs and the other two cannot function. Each leg has a unique purpose but the structure and strength come from their combined support and balance." Bailey nodded her head that she understood his explanation.

The food arrived on platters and was served family style from a Lazy Susan turntable in the middle of the table. Their breakfast this morning was pancakes, sausage links and tator tots. A carafe of hot coffee was brought to the table for the parents, along with 3 mugs filled with hot cocoa for the children. One mug had 3 marshmallows in it at Betsy's request. The other two mugs were topped with whip cream piled high.



Following the saying of grace, the family conversation about the rule of three continued. Ralph added the rule of three is a very general rule that states that concepts or ideas presented in threes are inherently more interesting, more enjoyable, and more memorable. He said, "even the 3 marshmallows floating on top of Betsy's cup of hot cocoa are typically made from 3 ingredients---sugar, water and gelatin." Betsy chimed in, "I always ask for 3 marshmallows with my hot cocoa. More than 3 is too sweet. Less than 3 makes me feel like I should have asked for more."

Mom Lillian, always looking for teachable religious moments for the children, picked up on what her husband Ralph had explained about the rule of three. She reminded the children that the number three is present in well-known stories: The Three Little Pigs, The Three Musketeers, and The Three Billy Goats Gruff. Little Brinley with a wisp of whip cream on the end of her nose, chuckled. She also reminded the girls about the three wise men who visited the baby Jesus, the Holy Family---Jesus, Mary and Joseph, and the Blessed Trinity--- Father, Son and The Holy Spirit often mentioned in Father Thomas' homilies.

Ralph spoke about the three legs that support him personally--- faith, family, and his membership in the Knights of Columbus. He explained that the first 3 Key Principals of the Order, *Charity, Unity, and Fraternity* give added balance and purpose to his life. He told his family, "There is no better way to experience God's great love and compassion for us than by sharing it with others in need."

My Brothers, God's natural and spiritual wisdom puts all of life in the right order. As Catholic gentlemen, we know better than to attempt to go through life playing rock, paper, scissors when we face trials in our daily lives. What are the three legs that support you personally and give purpose to your life?

PRAYER LIST

Names on the sick/distress list are removed after being on the list for more than one year. Names may be reinstated simply by contacting Will Friesen at will.friesen@friesen-research.com, or by personal request at any meeting. Some very long-term entries (marked with an asterisk) will remain since they are known special cases. Names will continue to be removed each month as their anniversary occurs.

Brothers, families, and friends listed below will be remembered during our business meetings:

Aborted Children
All Caregivers of the sick
Mario LaSchiazza
Joe Kievernagel
Pope Francis
Pope Benedict (dec)
Michael Aseltine (dec)
Christopher Scott (dec)
Bill Davis
Jacintha Ezeudoye (dec)
John DePiazza (dec)
Robert Sholtes(dec)
Rick Di Regolo (dec)
Frank Gianattasio (dec)
Dan Aseltine

Lady Knights:

Joan Cotton
Susie Fonteyn (dec)

To report illness or death contact
Fraternal Committee
PGK Michael Dougherty

Knights in the News

Check out the November 4 edition of the Carmichael Times featuring a picture of our council Chaplain, Father Eduino Silveira, blessing the new bocce ball courts in Carmichael Park. Here's a link to the article: <https://www.carmichaeltimes.com/articles/2022/1102-Let-the-Good-Times-Roll/index.php?ID=15111>.

The Knights' Christmas Dinner

Our Christmas Party was held on Dec. 13, hosted by PGK Miguel and Lady Knight Debra. The party was held in St. John's Hall. There was grace, gifts, and fun. Miguel would also like to thank Joe and Liz Romanazzi for their help in the kitchen.

While the food was top shelf, the raffle and gifts were just as much fun.

Miguel and Joe served as the masters of ceremony for the drawing of the tickets.



Some winners took more time than others at selecting just the right package. The teasing and cheering added to the evening's fun.

The evening included a cake for the celebration of Christ's birthday.

As you can see this event is always a crowd pleaser.

Thanks again to: Miguel, Debbie, Joe, Liz and the rest of the kitchen crew.



Join us for Breakfast at Saint Ignatius

By Michael Fazio, Editor

Join our outstanding Pancake crew as it makes its next stop on our three-parish tour. On January 22, the Council will sponsor a pancake breakfast in the SI Parish Center after the Sunday masses. If you want to volunteer, contact Chancellor Frank Consulo or Brother Gene Gobbo.

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OLA Breakfast with Santa

By Will Friesen, Deputy Grand Knight and Layout Editor

The OLA tradition of breakfast with Santa has returned. Santa took time out of his busy pre-Christmas night of preparations to hear the desires of the children of the parish.

He brought gifts for the children to buy such that they too would be able to bring Christmas joy to their loved ones.

But the best part of the morning is the wonderful batch of pancakes prepared by Council 4970. While a new kitchen, power tools, two hot ovens, a hot griddle, two burners turned up and a room filled with 20 men is normally a recipe for trouble, the mood was joyous.

While studying these captains of culinary competence, I observed:

- Multiple opinions on the ratio of tater tots to sausage calmly work themselves out.
- The quiet compromise from a slew of experts on the precise temperature and color of properly prepared pancakes was an engineering miracle. Not to mention the laboratory precision on the exact amount of mixing, vanilla and liquid to produce the lightest mouthwatering experience.
- I learned that there is a creamy science to creating the fluffiest scrambled eggs and that proper cooking can not be rushed. Watching those three men move in precision choreography would have made Tchaikovsky take pause.
- The logistical efficiency necessary to maintain a steady flow of food in the right proportions and temperature to instantly serve the appetites of the masses that flowed in around Sunday's schedules, would have been edifying to the directors of the LA harbors of 2021.
- None of which would have been possible without the blessing of the team by Father Eduino.

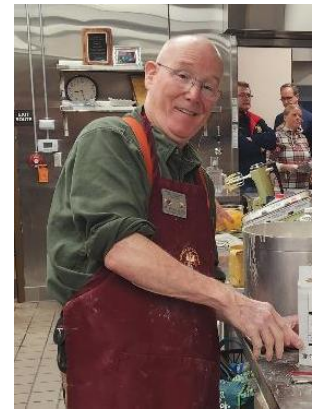
I am sharing photographic evidence of this Christmas Miracle.



Don and Jerry pat each other over patties.



Frank and Loren discuss while Ken referees.



Mix Master Peter explains.



The crew takes advantage of this opportunity to whisper their own desires to Santa.



Father Blesses from a safe distance.

Snow Train

By Jean Gobbo

For those of you who may not know, the California Zephyr route travels between Chicago and Emeryville. The Council and guests have ridden the portion, often referred to as the *Snow Train* from Roseville to Reno and back, a number of times. From PGK Joe Romanazzi's article a few years ago: "*All Aboard!!* As we traveled east, we rolled along past towns, farms and fields, and beautiful shimmering lakes. We admired pristine rivers and traversed high mountain passes. We could feel the wheels rumbling beneath the floor as we rocked to a gentle beat and felt the rhythm of the rails." Most of our trips we encountered snow and sometimes plenty. Fantastic beauty of our Sierra.



We take a morning train up to Reno, stay a second day, and return to Sacramento/Roseville the morning of the third day, staying two nights in one of the three hotels making up "The Row." We are planning a February trip but this could be flexible. If you are interested in the Reno snow train, please email me at jean@gobbo.org or 916-283-5223, before January 25 so we can order tickets for you. I will call you with the exact train cost before ordering and I will need payment before reserving our tickets.

Ladies Night Out

By Pat Fischbach

The Council hosted our "Ladies Night Out" on Tuesday, November 29th at Chilli's on Sunrise Blvd. We had 22 Knights and Lady Knights and were greeted and served by the friendliness staff that I recall. The manager, Greg, noted that his dad had been a Knight, and it seemed he went out of his way to help with service and allowed us to have separate checks, one of the problems we have when we choose a restaurant.



The Next Ladies Night Out

By Pat Fischbach

Our next "5th Tuesday" Ladies Night Out is this month, on January 31st, 2023. It will be at El Tapatio on Sunrise Blvd, Citrus Heights (5637), one of the few restaurants that have allowed us individual checks. For the next dinners please contact Ray or myself with your ideas at 916-485-4858 or ray.fisch4226@gmail.com. Have a great 2023.



New Year's Day Feasts in the Church

By Will Friesen, Deputy Grand Knight and Layout Editor

For many years the first day of the year was the feast of the circumcision (from 1568 until 1974). Some of us can remember that far back. In Jewish tradition it was always on the 8th day of his life that a young man is circumcised and given his name.

This day is connected to the salvation of the world because on this day and not during his crucifixion was the first time that Christ's blood was shed. We are taught that it is Christ's blood that saved the world and that the smallest drop of Christ's blood is all that is needed to redeem the whole world. In effect it is January first and not Easter when salvation came into the world.

For you history buffs, in 1582 Pope Gregory the 13th gave us the Gregorian Calendar. This calendar established two things as fact. That the first day of salvation should be recognized as the first day of the year (January 1st). And that it takes 365+ days for the Earth to complete one orbit around the sun. It is because it is almost 6 extra hours that we add a day every leap year. And because it is not quite 6 hours that we skip leap year every 100 years, but add it back in every 400 years etc.

Starting sometime in the 3rd Century AD and continuing until 1568, the 8th day after the birth of Christ was the feast of the Solemnity of Mary, Mother of God. Using the logic in paragraph two, this is the day in which Mary became the mother of our savior. She was already the mother of Jesus since his conception, but Jesus was not yet our savior. The necessity of this distinction is beyond my comprehension.

Vatican II brought many changes to the liturgy, including the restoration of the Solemnity of Mary being on the first day of the calendar year. The liturgies after Vatican two divided the weekday readings into a 2 year cycle and the Sunday readings into 3 a year cycle. Regardless of the cycle the Gospel reading on the 1st day of the year is always Luke 2:16-21 as it is the only Gospel to talk about the circumcision.

2023 Council 4970 Free Throw Contest

By PGK Loren Wallin, Free Throw Chairman

We are scheduled to go into all three of our parish schools and do the contest in the 3rd through 8th grade PE classes. This will cover the 9-14 year old boys and girls who are eligible and wish to participate. Any brother Knights who are able to come and help me on any of these days and times would be appreciated. **You must have completed the Diocesan Safe Environment program to be able to help.** Please contact me at 916-878-7777 or lorenmark@hotmail.com and let me know if you can help.

Our Lady of the Assumption: Tuesday January 10th - 9:30 am to 2:45 pm (3rd-7th grades); January 11 - 11:40-12:35 (8th grade), 2:15-2:45 (7th grade)

St. Ignatius of Loyola - Friday January 13th - 8:20 am to 2:45 pm (3rd -8th grades)

St. John the Evangelist - Thursday January 19th - 8:20 am to 2:45 pm (3rd-8th grades)

District 9 Free Throw Contest: Sunday February 5th at St. Ignatius Gym - 5-7 pm

Northern California Chapter Free Throw Contest: Saturday February 25 - St. John the Baptist Church - Folsom

Northern State Free Throw Contest: Saturday March 14th - St. John the Baptist Church - Folsom

KNIGHTS OF COLUMBUS
 ARDEN – CARMICHAEL COUNCIL 4970
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**ELECTRONIC SERVICE
 REQUESTED**

JANUARY LADIES LUNCHEON

By Jean Gobbo

Happy New Year! Hope everyone had a beautiful and blessed Christmas. The ladies December luncheon was well attended, with 20 of us enjoying good food and lots of laughs. The January luncheon will be held at Milagro Center, 6241 Fair Oaks Blvd. near Marconi. We will meet at River City Brewery at 1 p.m. on January 19th.



Looking forward to seeing you all there! Questions? Give Glenda MacDonald a call at 916-631-0774, or myself, Jean Gobbo at 916-283-5223. Is there someplace you would like to go for lunch? Let Glenda or myself know and we will present to the luncheon crowd. We are always looking for new places to try!

Limerick Lemons

By PGK Mike Dougherty

Boomer-angle

Recalling the show "Howdy Doody"
 Or the man who sang "Tutti-Frutti"
 Puts you squarely between,
 Your old man's pop scene,
 And the "cat" who thinks chicks are "groovy"

Really Good Shoo!

There was an old man named McGrew,
 Who dreamt he'd been eating his shoe,
 He awoke late that night,
 In a terrible fright,
 And found it was totally true.