

THE Paladin



Knights of Columbus Arden/Carmichael Council 4970 District 9 – Division 4
Serving Our Lady of the Assumption, St. Ignatius of Loyola, and St. John the Evangelist Parishes



JUNE 2023

VOLUME 23 • NUMBER 12

A Year in Review and a Request

By Will Friesen, Deputy Grand Knight

What does it mean to be a Knight? We talk about the four cardinal virtues of being a Knight but do we live those virtues?

Charity – We raised \$20 thousand for scholarships through fireworks sales. We staffed the grills for the Saint Ignatius BBQ. We served Pancakes to Saint John the Evangelist, to Saint Ignatius and to Our Lady of the Assumption parishes. Our tootsie roll drive for intellectually disadvantaged sent \$20 thousand to Camp Recreation. Our Lady Knights made caps for the little one at Sutter's Neonatal Section. We supported the Newman Center retreats.

Unity – The Knights bonded through social events. We attended a River Cats Baseball game in August. We celebrated ice cream at Leatherby's Family Creamery. We attended two Sacramento Kings games. We came together to celebrate the birth of Jesus during our annual Christmas Party. A small group of us endured the epic Snow Train to Reno adventure. Throughout the year we showed our love for our Lady Knights by taking them out to dinner on four separate evenings. The Lady Knights took themselves to 12 luncheons. Our Editorial staff produced 12 Paladin newsletters to keep us all informed.

Fraternity – We meet twice a month to manage the business of the Knights. And we buried 9 brothers that joined council zero in heaven. They were; John R. DePiazza, Robert "Bob" Scholtes, Rick Di Regolo, Jack McGettigan, Frank Gianattasio, James "Jim" Joseph Hagarty, Ruben Lujan, Michael Joseph Profumo and Jose Salazar.

Patriotism – We staffed two stand downs for our less fortunate veterans. We retired a dozen flags with respect.

We are also a Catholic Men's group. We demonstrated our faith by celebrating the Widows Memorial Mass. We supported the Soup and Stations at Saint John the Evangelist. We supported the Easter Vigil Services at Our Lady of the Assumption. We prayed during the 40 days for life and participated in the life chain. We joined hearts during 24 evening rosaries and joined minds during over 15 bible studies.

Brothers, I want you each to reflect on the contributions that you made during this past Columbian year with pride. I also want you to look forward to the coming year with a goal to surpass the generosity and achievements of this past year. We can do more if we have more brothers. 9 of our brothers have transitioned out of our council. We should make it a goal to bring in at least that many to help this coming year. I do not need you each to commit to bringing in one brother, but simply to commit that you will each ask three men to prayerfully consider joining the team that achieved so much this past year.

June Calendar

June 4 – Most Holy Trinity

June 6 – Rosary 7 pm

Zoom

June 7– Jose Salazar Funeral noon

Saint Ignatius

June 11 – Corpus Christi

June 13 – Mass for Michael J. Profumo
8:30 a.m.

SJE

June 13 – BBQ and Election of
Officers 6:00 pm

Our Lady of the Assumption

June 15 – Ladies Luncheon 1 p.m.

El Palmar, Carmichael

June 15 – Men's Bible Study 7 p.m.

Rose Room, SI

June 20 – Rosary 7 pm

Zoom

June 27 – Planning Meeting 7:30pm

Our Lady of the Assumption

Trustee Recommendations for Council Officers 2023-2024

By Miguel Sabral, PGK and 1st Year Trustee.

Grand Knight – Will Friesen
 Financial Secretary – Deacon Larry Niekamp (appointed by Supreme)
 Deputy Grand Knight – Frank Consulo
 Chancellor – Steve Hall
 Recorder – Gary Mello
 Treasurer – Steve Millner
 Advocate – Todd Wilson
 Warden – Peter Kilkenny
 Inside Guard – Bill Davis
 Outside Guard – Ben Dougherty
 3rd Year Trustee – Tim Spinelli
 2nd Year Trustee – Josh Figueroa
 1st Year Trustee – Mike Dougherty
 Chaplain – (Appointed by the In-Coming Grand Knight)
 Lecturer - (Appointed by the In-Coming Grand Knight)

Annual Fireworks Booth – 2023

By Gene Gabbo



We need your help for a successful Fireworks sale! The annual Fireworks sale generates funds for the Phillip Bruce Scholarships. The Phillip Bruce Scholarship is named for Sir Knight Philip Bruce who conceived these awards 22 years ago, shortly before his untimely death. The scholarship is awarded to several 8th graders at our 3 parish schools. The choice to continue a Catholic education is the only criterion for awarding these scholarships. Each Parish school staff decides among the many eligible candidates to select two young men and two young women from each school to receive the scholarship toward their Catholic high school education.

Fireworks sales are scheduled from noon on June 28 through the Fourth of July. We need all Knights and Lady Knights to take a shift. IF you can help, please contact our chairmen, Frank Consulo at 916-366-7131(fconulo@sbcglobal.net) or Steve Hall at 916-787-1069 (townsedan@gmail.com). And tell your family and friends to come to our booth on Arden Way for their fireworks needs.

We'll also be collecting tattered flags for proper disposal.

COUNCIL 4970 OFFICERS

Grand Knight

Tim Spinelli (916-812-0518)

Chaplain

Fr. Eduino Silveira (916-481-5115)

pastor@olaparish.net

Deputy Grand Knight

Will Friesen (916-225-2440)

Financial Secretary

Dcn. Larry Niekamp (916-962-1324)

Chancellor

Frank Consulo (916-366-7131)

Warden

Peter Kilkenny (916-692-5446)

Guards

Tim Kyle (510-619-5138)

Steve Hall (916-787-1069)

Treasurer

Steve Millner (916-502-3162)

Recorder

Gary Mello (916-996-7438)

Advocate

Todd Wilson (916-961-2761)

Lecturer

Jerry Butler

Trustees

Miguel Sabral (916-397-1728)

Michael Dougherty (916-470-7599)

Josh Figueroa (707-812-4894)

District Deputy - District 9

Chris Ornelas

Insurance Field Agent

Art Aguilar(916-275-7574)

Brother Michael Joseph Profumo
December 21, 1939 - May 4, 2023



Brother Michael J. Profumo passed away on May 4, 2023, at the age of 83. Brother Michael was initiated into our Order on February 1, 1986 and exemplified as a third-degree member on April 16, 2020. A Visitation and Rosary were held at St. John the Evangelist Church (SJE) where Brother Michael was a long-time parishioner. Bishop Jaime Soto and Council Brother Fr. Bernardin Mugabo celebrated his funeral Mass on May 23, 2023 at Calvary Funeral Center's Resurrection Chapel in Citrus Heights. Brother Michael served on the Diocesan Finance Council for many years and was active in his community. He is survived by his wife, Lady Knight Judy, a son, two grandchildren and many friends. May Brother Michael rest in peace.

SPECIAL NOTE: A Mass requested by the Knights and Lady Knights of our Council will be celebrated at SJE on June 13, 2023 at 8:30 A.M. for the repose of Brother Michael's soul.



Top Photos: Bro. Michael's body in repose at the Vigil and Rosary at SJE, Brother Michael's Photo. **Bottom Photos:** Bishop Soto and Fr. Bernardin entering the chapel, Bishop Soto sprinkling holy water, incensing the body; 4th Degree Honor Guard leading the celebrants and Mass attendees out of the chapel. Brother Michael's body in repose at Calvary before the start of Mass.

PRAYER LIST

Names on the sick/distress list are removed after being on the list for more than one year. Names may be reinstated simply by contacting Will Friesen at will.friesen@friesen-research.com, or by personal request at any meeting. Some very long-term entries (marked with an asterisk) will remain since they are known special cases. Names will continue to be removed each month as their anniversary occurs.

Brothers, families, and friends listed below will be remembered during our business meetings:

- Aborted Children**
- All Caregivers of the sick**
- Joe Kievernagel**
- Pope Francis**
- Pope Benedict (dec)**
- Michael Aseltine (dec)**
- Christopher Scott (dec)**
- Bill Davis**
- Jacintha Ezeudoye (dec)**
- John DePiazza (dec)**
- Robert Sholtes(dec)**
- Rick Di Regolo (dec)**
- Frank Gianattasio (dec)**
- Dan Aseltine**
- Georgia Royal(dec)**
- Michael Profumo**

Lady Knights:

- Joan Cotton**
- Carolyn "Susie" Fonteyn (dec)**

To report illness or death contact Fraternal Committee



Psalm 133

How good and how pleasant it is when brothers dwell together as one! Like fine oil on the head, running down upon the beard, upon the beard of Aaron, upon the collar of his robe. Like dew of Hermon coming down upon the mountains of Zion. There the LORD has decreed a blessing, life for evermore!

In Loving Memory of - Georgia Mae Royal

By Joe Romanazzi, Past Grand Knight

Council 4970 Knights and Lady Knights joined with members of the Sabral and Royal Families and a number of friends to convey condolences and to show support for our PGK Miguel Sabral and Lady Knight Debra at the funeral for Debra's mother, Georgia Mae Royal. A graveside *Homegoing Celebration in Loving Memory of Georgia Mae Royal* was held on Thursday, May 4, 2023 at East Lawn Cemetery in Sacramento. "Mama Royal" as I knew her as, was laid to rest under a dark, cloudy sky with light rain falling.

Georgia was born in Sanford, Florida on September 2, 1941 and passed away on April 26, 2023 at the age of 81 in Sacramento. She was the loving mother of three children—Patricia, Debra, and Fred.

Our Council was represented at the funeral service by Brothers Gene Gobbo and Lady Knight Jeannie, Joe Romanazzi and Lady Knight Liz, Deacon Larry Niekamp and Lady Knight Norma, Frank Consulo, Peter Kilkenny, Todd Wilson, Len Zerilli and Bill Davis.

Georgia's life was a blessing, her memory a treasure. She was loved beyond words and will be missed beyond measure. May Georgia find the gentle embrace of our Good Shepherd and rest in peace. Amen.



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Sr. Program Director

Will Friesen (916-225-2440)

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FAMILY

Shawn Herrick (916-607-0404)

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Loren Wallin (916-878-7777)

LIFE

Ken Macdonald (916-631-0774)

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Joe Kievernagel (916-487-7029)

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Ruth 16-18

But Ruth said, "Do not press me to go back and abandon you!
Wherever you go I will go,
wherever you lodge I will lodge.
Your people shall be my people
and your God, my God.
Where you die I will die,
and there be buried.
May the LORD do thus to me, and more, if even death separates me from you!"

JOE'S CAFÉ...Stop by for a tasty bit!

By Joe Romanazzi, Past Grand Knight

God Gave Us Red Roses, Memories, and Tender Hearts

My Brothers, members of the ROMEO Club met at Joe's Café recently. ROMEO is an acronym for RETIRED OLD MEN EATING OUT. The eight members that comprise the club—Gus, Enrique, Jason, Frank, Tom, Gaspar, Artemis and Jackson—gather once a week to eat lunch together. They discuss world politics, movies, family issues, health matters, tell jokes, recycle tall stories, test each other on trivia questions and just about anything else that comes to mind. These elderly men are for the most part, temperate, dignified, self-controlled, sound in faith, love, and endurance. Some members are happy, some are lonely and some have had their hearts broken. All the ROMEOs are excited to be in the company of other people and look forward to their get-togethers. Health researchers have found ROMEO Club members enjoy the sense of being "connected" which is beneficial for both their emotional and physical health. Many wives acknowledge they also benefit by having their husbands get out of the house!



There is a Chinese Proverb that says, "He deserves paradise who makes his companions laugh." This Proverb has never been truer than when Gus entered the rear dining room in an electric wheelchair. When asked what happened, Gus told the guys the whole story from the beginning. "When our lawn mower broke and wouldn't run, my wife kept hinting to me to get it fixed. But I said I always had something else to take care that was more important. Finally, she thought of a clever way to make her point. When I arrived home one day, I found my wife seated in the tall grass, busily snipping away with a tiny pair of sewing scissors. I watched silently for a short time and then went into the house. I was gone only a minute, and when I came out again, I handed her a toothbrush. I told her, that when she finished cutting the grass, she might as well sweep the driveway." Gus advised the group that the

doctors told him that he will walk again, but will always have a limp. During the meal, Enrique noticed that Jackson appeared to be gaining weight and expressed his concern. Jackson blurted out, "It's the shampoo I used in the shower! When I washed my hair, the shampoo ran down my whole body and printed very clearly on the shampoo label is this warning, FOR EXTRA VOLUME AND BODY! NO wonder I have been gaining weight!" He announced, "I have gotten rid of that shampoo and I am using Dawn dish soap instead. Their label reads, DISSOLVES FAT THAT IS OTHERWISE DIFFICULT TO REMOVE." He predicted he would be back to his "fighting weight" soon. Enrique quipped, "I've enjoyed as much of this as I can stand. From now on all my friends are going to be strangers." Thunderous laughter broke out around the table, which is one reason why the members of the ROMEO Club have to always be seated in the rear dining area.



As the meal continued, Artemis brought up a serious subject--LOVE. He and his wife will be celebrating a wedding anniversary soon and he wanted to surprise her with flowers as an expression of his love. Gaspar, a true romantic quickly broke out in song, singing, "Love is a Rose" and reported that red roses were the most popular flower and represented a deep love for someone. Jason agreed and confirmed that the rose is indeed the flower of love. He noted their fragrance is unforgettable and very distinctive from other flowers. Their beauty is elevated even more by the meanings people have attached to its beautiful blooms like the memory of a first love, a special date, one's wedding or for some, even the heartbreak of romance. A deeper philosophical discussion of LOVE ensued when Tom inquired, "But what constitutes TRUE LOVE?" The group agreed that TRUE

LOVE today is different and harder to define than when they were younger because "The world has turned." Societal attitudes have changed and there are always new-fangled fads. You guys want to know the meaning of TRUE LOVE, asked Frank? At that, all eyes turned to Frank as he pulled his gold crucifix hanging around his neck from under his shirt, held it up and proclaimed, "The answer you seek was given over 2,000 years ago and HIS LOVE for us has never wavered." JESUS CHRIST is the QUINTESSENTIAL DEFINITION OF TRUE LOVE. All shook their heads in agreement. As the ROMEOs dispersed following the completion of their meal out, all announced they would be back next week-God willing.



Class of 2023 Phillip Bruce Scholarship recipients.



OLA: Robert Love (Principal), Leela Oliver, Jack McWilliams, Kathryn McWilliams and Brandon Chow



SJE: Emily Solander, Layla Hernandez, Anton Emseih and Cayden McAleese

[SI 8th Grade Graduation with Scholarship Presentation](#)

SI: Sophia Del Castillo, Connor Edgett, Zada Rodriguez, Matteo Sacani

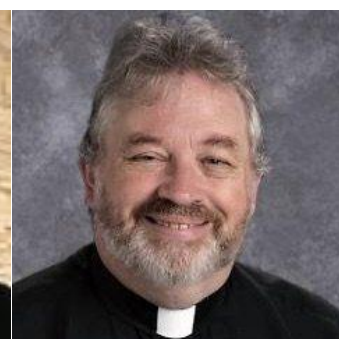
In Thanksgiving for Our Departing Priests

By Michael Fazio, Editor

With many ecclesiastical appointments starting in July, June is often a time to say goodbye to priests leaving for new assignments. Two of our parish churches will be saying goodbye to several fine priests, and Council 4970 joins in recognizing their contributions to our parishes.

Saint John the Evangelist:

Saint Ignatius of Loyola



Fr. Bernardin Mugabo

Fr. Alban Uba

Fr. Abraham Chiu

Fr. Tom O'Neill

We thank these men for their tireless service to our parishes, for their support of the Knights, and for the graces they brought to us. We pray that each of them will strengthen to do God's work in their new assignments.

The Knights at Work at the OLA Fair



Joe Romanazzi and Michael Dougherty



Frank Consulo, Ken Macdonald and Michael Langer



Peter Kilkenny and Len Zerilli



Brothers hard at work in the kitchen



Bill Davis and Mike Fazio

KNIGHTS OF COLUMBUS
ARDEN – CARMICHAEL COUNCIL 4970
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**ELECTRONIC SERVICE
REQUESTED**



May Ladies Luncheon

By Jean Gobbo

Another great turnout last month for our monthly Ladies Luncheon. Sizzlers was enjoyed by all. Our next luncheon will on Thursday, June 15th at El Palmar, 2452 Mission Ave at El Camino in Carmichael. As always, we will meet at 1 PM.

Any questions? Glenda Macdonald can be contacted at 916-524-8933, or myself, Jean Gobbo, at 916-261-8674.

Hope to see you on the 15th.

