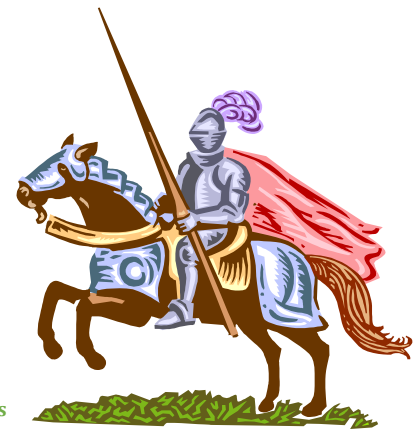


# THE Paladin



Knights of Columbus Arden/Carmichael Council 4970 District 9 – Division 4  
Serving Our Lady of the Assumption, St. Ignatius of Loyola, and St. John the Evangelist Parishes



OCTOBER 2022

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## Patriotism

By Tim Spinelli, Grand Knight

“The love of our country and devotion to it” is the definition of patriotism. How can we as Knights practice this? We have our Civic duties, which include serving for jury duty, paying our taxes, voting in elections, and obeying laws. We honor “Old Glory” by flying the colors outside our government offices, our homes, and our schools. We salute the flag when pledging our allegiance. Many Knights are veterans who proudly served in our military. Our Order does more.

Of all the wonderful aspects of this country, nothing compares to the value of its people. The contribution we make as citizens has more impact on this country than does the majestic mountains, the beautiful anthems, and colorful fireworks displays. Our military is comprised of men and women ready and willing to serve. Our charities are staffed with Americans donating their time and energy to help others. Our flags are raised and lowered by human hands.

Our council, serving Arden-Carmichael, serves this country by taking action in our own neighborhoods. Our annual fireworks booth collects flags for proper and honorable disposal. I heard in a council meeting recently that outside of the military, the only two organizations allowed to dispose of the American flag are the Boy Scouts and the Knights of Columbus. I am proud of that fact! Our council also volunteers for Sacramento Stand Down, providing clothing and supplies for local homeless veterans. Our council has numerous vets that have been honored as Veteran of the Day. This is patriotism, showing the love of our country, but the examples do not have to be so clearly defined.

Every charitable action we take as Knights, as Catholics, contributes to the amazing democratic republic we call home. We take care of each other, we protect each other, and we lend a helping hand. With July comes Independence Day and with November comes Election Day but each and every day is a day to show our patriotism by doing our part, in our neighborhood, with our brothers. I am proud to serve in this Order and I thank all of you for everything you do.

And to close on a bit of patriotic trivia, in 1951 the Knights of Columbus initiated the campaign to add “under God” to the U.S. Pledge of Allegiance.

## God Bless America!

## The Body of Christ Comes Together at the Saint Ignatius Family Festival

By Mike Fazio, Editor

*Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ. (1 Corinthians 12:12-14)*

Parish and School families gathered on September 18 to celebrate the inaugural Family Festival. It was wonderful to see many different people coming together to show what the body of Christ looks like and can be.

Although rain prompted the festival to move inside, it did not dampen the fun. Following the 11:30 mass led by the 5<sup>th</sup> Grade class and School choir, the

*Continued on Page 2*

## October Calendar

Oct 4 – Rosary 7 pm  
**Zoom**

Oct 6 – Bible Study 7 pm  
**Rose Room, Saint Ignatius**

Oct 11 – Business Meeting 7:30 pm  
**Our Lady of the Assumption**

**Oct 15 – Stand Down**  
**McClellan Air Force Base**

Oct 20 – Ladies Luncheon  
**Bradshaws Restaurant**

Oct 20 – Rosary 7 pm  
**Zoom**

Oct 22 – Bible Study 7 pm  
**Rose Room, Saint Ignatius**

Oct 25 – Planning Meeting 7:30 pm  
**Our Lady of the Assumption**

*Continued from page 1*

Parish Center was bustling with activity. There were games for the kids, books to peruse, a cake walk, and popular Bingo games (led by our own Brother Steve Millner). Parish groups, including the Boys Scouts and St. Vincent DePaul Society, set up tables with activities. Live music included an exceptional performance by Parker Weis and the Weis Guys.



Our Council had an essential role: we cooked the hamburgers and hot dogs! Led by the expertise of Chefs Larry Rositani and Loren Wallen, our team churned out over 140 hamburgers and hot dogs to the hungry crowd. The food was served by brothers Joe Romanazzi, Tim Spinelli, Miguel Sabral, Ken MacDonald, Peter Kilkenny, Aaron Stroh, Dan Aseltine, and Roberto Bello. Brothers Rich Romo and Christian Okoye provided support and good cheer in their visits to the kitchen. Brothers enjoyed serving and time with each other. Like the rest of the parish, we became an important part of the Body of Christ.



Enjoy some photos of the event in this issue. We look forward to the next time we can serve together.

## Sacramento Stand Down: Saturday, October 15

*By Dan Aseltine, Veterans Chairman*

Stand Down is a military term that refers to a relaxation of the operational tempo of a military unit from a highly stressful posture. In our context, it is an attempt to provide temporary respite for homeless Veterans. It represents a hand-up, not a handout.

Sacramento's next Stand Down will occur on Saturday, October 15 from 9 a.m. to 2 p.m. at the old McClellan Air Force base. Surplus Department of Defense and civilian cold weather clothing will be distributed to homeless Veterans in preparation for the upcoming winter season.

At this point, it is presumed that Covid protocols will be in place (i.e., masks and social distancing).

PGK Miguel Sabral is looking for volunteers to help with set-up and take-down, as well as the event itself. Please contact him directly at [michaelsabral@yahoo.com](mailto:michaelsabral@yahoo.com) or 916 397-1728.

Thank you for considering this volunteer, fraternal activity as Council 4970 seeks to assist those who have worn the uniform as they prepare for the upcoming winter.

## Christmas Party

*By Miguel Sabral, PGK*

**Save the date:** Our Christmas Party is set for Dec. 13, hosted by PGK Miguel and his bride, Lady Knight Debra. The party in St. John's Hall, will start at 5:30 preceding the business meeting at 7:30. I would like to also thank in advance Joe and Liz Romanazzi for their help in the kitchen. There will be grace, gifts, and fun. I will write more in the coming months. Merry Christmas to Council 4970.

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## JOE'S CAFÉ...Stop by for a tasty bit!

By Joe Romanazzi, Past Grand Knight

### Tootsie Rolls: Battle Tested, Knight Approved

When eighteen (18) cases of Tootsie Rolls occupy space in your den from September to November, it is natural to have questions about them. The 5,400 individually wrapped Tootsie Rolls temporarily sharing our personal space were for our Council's annual Intellectual Disability Drive (aka our Tootsie Roll Drive) for the benefit of Camp ReCreation. Amazingly, these chewy candies have a fascinating history.



The Tootsie Roll story began in 1896, when Leo Hirshfield, an Austrian Jewish immigrant, arrived in America. Hirshfield set out to create a chocolate that wouldn't melt easily and eventually came up with his artificial "chocolate" candy, the Tootsie Roll. Hirshfield named the chocolate-flavored, taffy-like candy after his five-year-old daughter whose nickname was "Tootsie". The candy has been manufactured in the U.S. since 1907 and was the first penny candy to be individually wrapped in America. The low price of the artificial ingredients made it a popular treat during the depression, along with Tootsie Pops.

Did you know Tootsie Rolls went to war? The ability to not melt easily and to use artificial ingredients that weren't being rationed during war times proved a huge boon for the company. They eventually began being included in all soldier's rations during World War II due to the sustainability of the candy under a variety of environmental conditions. During the Korean War, the First Marine Division met the enemy at Chosin mountain reservoir in subfreezing temperatures. The story goes that when they ran out of ammunition, the Marines called in for 60mm mortar ammo; code name "Tootsie Rolls." The radio operator did not have the code sheets that would tell him what a "Tootsie Roll" was, but knew the request was urgent so he called in the order. Soon, pallets of Tootsie Roll candies parachuted from the sky to the First Marine Division. While they were not ammunition, this candy from the sky provided well needed nourishment for the troops. They also learned they could use warmed Tootsie Rolls to plug bullet holes, sealing them as they refroze. Many credited their very survival to Tootsie Rolls.

In 1966, after several different owners and name changes, the company adopted its current name--Tootsie Roll Industries, Inc. and is one of the largest candy manufacturers in the world. The company is headquartered in Chicago where it occupies a portion of a former Dodge automotive factory. The majority of the company's candy is produced there. The current U.S. ingredients of a Tootsie Roll are: sugar, corn syrup, palm oil, condensed skim milk, cocoa, whey, soy lecithin and artificial and natural flavors. In 2009, Tootsie Rolls became certified Kosher by the Orthodox Union. They are also peanut free and gluten free. According to the company's website, the original recipe calls for the inclusion of the previous day's batch, a graining process that continues to this day. As such, there's in theory a bit of Leo's very first Tootsie Roll in every one of the 64 million Tootsie Rolls that the company produces each day.

My Brothers, the iconic Tootsie Roll is the candy of choice for many people. They were imagined in Leo Hirshfield's mind and brought to fruition by his God-given intellect. Accordingly, we have to conclude they were part of God's master plan of creation because it is God alone who richly provides us with all the good things for our happiness and enjoyment in life. Tootsie Rolls are just one of the astounding things He has wrought on earth. We will have to wait until we get to Heaven to find out if God has a sweet tooth, and if so, if He enjoys a Tootsie Roll or two occasionally.

#### PRAYER LIST

Names on the sick/distress list are removed after being on the list for more than one year. Names may be reinstated simply by contacting Will Friesen at [will.friesen@friesen-research.com](mailto:will.friesen@friesen-research.com), or by personal request at any meeting. Some very long-term entries (marked with an asterisk) will remain since they are known special cases. Names will continue to be removed each month as their anniversary occurs.

**Brothers, families, and friends listed below will be remembered during our business meetings:**

**Aborted Children**  
**All Caregivers of the sick**  
*Mario LaSchiazza*  
*Ben Dougherty*  
*Joe Kievernagel*  
*Mark Kievernagel (dec)*  
*Richard Hill (dec)*  
*Steven Koscheski (dec)*  
*Pope Francis*  
*Father Dave Ayotte (dec)*  
*Don and Joan Cotton*  
*Michael Aseltine (dec)*  
*Christopher Scott (dec)*  
*Bill Davis*  
*Jacintha Ezeudoye (dec)*  
*John DePiazza (dec)*  
*Robert Sholtes (dec)*  
*Rick Di Regolo (dec)*  
*Frank Gianattasio (dec)*

#### Lady Knights:

**Danielle Corcoran**

**To report illness or death contact**  
**Fraternal Committee**  
**PGK Michael Dougherty**

## Arrivederci E Addio Fratello Franco Gianattasio

By PGK Joe Romanazzi



Council Brother and Sir Knight Frank J. Gianattasio, passed away peacefully at the age of 87 on August 19, 2022. Brother Frank was a member of the Knights of Columbus since April 1962. He was an active participant in many activities sponsored by the Knights, including our ID Drives, firework sales, and pancake breakfasts. He and his family were honored as Council 4970's Family of the Month in May 2014.

Brother Frank was an expert in organizational vision and values. He was also accomplished at computer program coding, technical development, and product marketing. He prided himself in being on the cutting edge of technology, whatever it was at the time. In retirement, Brother Frank used his skills volunteering in his home parish of St. John the Evangelist (SJE) Church in Carmichael. He was very active in SJE's St. Vincent de Paul Conference.

Brother Frank's Vigil and Rosary were held on August 25, 2022 at Sierra View Funeral Chapel. Council 4970 Brothers and friends of the Gianattasio Family led the praying of the Rosary. Frank's funeral Mass was held the following day at SJE. The funeral Mass was celebrated by Pastor Fr. Bernardin Mugabo. He was joined at the altar by Pastor Emeritus Fr. Thomas Bland and Deacon Keith Johnson. Both events were well-attended by a large group of Knights and Lady Knights, family members, friends, and fellow parishioners.

Brother Ken Macdonald and PGK Joe Romanazzi presented the Gianattasio Family with a Resolution of Condolence and a pair of Rosary beads blessed by our Supreme Chaplain, Archbishop William E. Lori of the Archdiocese of Baltimore. The Fourth Degree was represented by SK Michael Langer and SK Frank Donagher from Bishop Manogue Assembly 50 and SK John Habr from Christ the King Assembly 2797. They provided an Honor Guard and performed a Chalice Ceremony adding additional honor and reverence to the services.

Brother Frank was married to Lady Knight Angela for 50 years at the time of her death. He is survived by their 4 children, 13 grandchildren and 3 great-grandchildren. Brother Frank's mortal remains were cremated after his church services and his ashes were interred with those of his beloved wife Angela at Calvary Cemetery in Sacramento.

"If you pray well, you live well. If you live well, you die well. If you die well, then all is well." Most who knew Brother Frank Gianattasio would agree that this quote from St. Augustine aptly described his earthly journey. Brother Frank, good-bye and farewell!!! May you enter into your glory through the intercession of Blessed Mary, the Patroness of our Order and may God in His goodness grant you eternal peace. Amen.

**Special Note: A Mass requested by our Council for the repose of Brother Frank's soul will be celebrated at St. John the Evangelist Church in Carmichael on Wednesday, December 28, 2022, at 8:30 A.M.**

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## You Don't Always Get What You Want.

By Mike Fazio

Luke's gospel for the twenty-seventh Sunday in Ordinary Time presents two parables. One I like. One I don't.

Luke's gospel begins with the apostles asking Jesus, "Increase our faith." Jesus responds by saying, "if you have faith the size of a mustard seed, you would say to this mulberry tree, 'Be uprooted and planted in the sea,' and it would obey you." I like this saying. A small amount of faith can yield big results. Trust in Jesus, do what you can, and you can move mountains. It's a hopeful parable—even something small can turn into something large and profitable with Jesus.

But then Luke's gospel takes a turn—a turn I don't like. In the next part he says to the apostles "Who among you would say to your servant who has just come in from plowing or tending sheep in the field, 'come here immediately and take your place at table? Would he not rather say to him, 'Prepare something for me to eat. Put on your apron and wait on me while I eat and drink.'" He closes by saying "When you have done all you have been commanded, say, 'We are unprofitable servants; we have done what we were obliged to do.'"

Say what? You mean I shouldn't expect an award, a public acknowledgement, or a pat on the back? I shouldn't expect a thank you? In a word, yes.

Serving God is reward itself. It helps us create holy moments where we cooperate with God's work, which in turn serves our neighbors and helps us become the best version of ourselves. And that's enough.

But it's not. At least not for me.

It should be enough. It should be enough to know I have served God and others. To be honest, I desire, maybe even crave, that recognition, praise, and acknowledge that come from service. Whether in my parish, the council, at work, or even in my home, I want to be recognized for my contribution in a positive way. And if I'm not, why should I waste my time on people who do not recognize or appreciate my talents? It makes sense from a worldly perspective. According to Luke, though, I have missed the mark.

As I think about Luke's words, a couple of things come to mind. First, if I always seek recognition or attention, I'll never be content with just being myself. I'll always base my worth on what I have done, and not who I am—a beloved child of God. My status as a child of God is what makes me valuable, not the work I accomplish, even if done for the glory of God.

Second, sometimes (many times depending on the context) I do not want to be a servant of God in the role he has placed me. I want to be in another place, doing something else I would rather do. But that's not what God wants me to do. I need to listen to his plan and follow it, whether it's what I want to do or not. Because if it's what God wants me to do, it going to be to my benefit and his glory.

Third, there is a humility to understanding and playing my role in the drama that is life. It's God's play, not my own. I'm a bit player in the production. I'm an offensive lineman on the football team. I'm not the lead or star quarterback. I have a role to play—a small part, yes, but a valuable role. That's reward enough—to be part of God's great plan.

Finally, there's joy in doing my part without looking for recognition. I simply focus on the work and enjoy the journey the work provides. For its more about the journey and struggle to know and serve Christ than the actual results of the service (which is in God's hands anyway).

Upon reflection, both of Luke's parables this week can be a source of hope. Knowing our role, doing our role, without worrying about being recognized for our role or our work, can be a source of great freedom and joy.



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**ELECTRONIC SERVICE  
REQUESTED**

**Our ID “Tootsie Roll” Drive for 2022 is in full swing.**

This is our annual event for campers with special needs that we help to send to Camp ReCreation every Summer. Our ID Drive is for a Great cause, for a Great Council, all watched over by a Great God. Please support our ID Drive with your time and treasure and let’s join together in praying for another successful event again this year.

Oct 1-2 SJE, Oct 8-9 OLA, Oct 15-16 Emigh and Oct 22-23 SI.



**Knights of Columbus Ladies’ Luncheon**

*By Jean Gobbo*

Last month another fun ladies luncheon with 11 ladies at the Lions Gate Restaurant at McClellan Park. Lots of laughs, sharing stories, and of course great food at the former McClellan Air Force Base.

Our next luncheon will be on October 20, at Bradshaws Resaurant located at 11135 Folsom Blvd in Rancho Cordova (near Sunrise and SR50). We’d love to have more ladies who have missed a few of the recent luncheons and definitely Lady Knights and guests who have yet to make a luncheon. We promise a great time. Can you make it? Sure hope so, the more the merrier and fun in on the menu as well. Questions contact Glenda Macdonald at 916-631-0774 or Jean Gobbo at 916-283-5223

