



THE Paladin



*Knights of Columbus Arden/Carmichael Council 4970 District 9 – Division 4
Serving Our Lady of the Assumption, St. Ignatius of Loyola, and St. John the Evangelist Parishes*

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What does Autumn mean to you?

By Frank Consulo, Grand Knight



This month will be long, the first three weekends kick-off with after Mass **Tootsie Rolls, for the ID drive**; the **Life Demonstration** on the corner of Madison & Manzanita Avenues; and our **Knights Pancake Breakfast** fundraiser at Our Lady of the Assumption on the last weekend.

It is time to get into our **Bible Studies** at all three Parishes and the Cathedral. Check dates and times in parish bulletins and website calendars.

October is during the liturgical season known as “*Ordinary Times*” and is dedicated to the Holy Rosary. We celebrate the Memorial of Our Lady of the Rosary on October 7. Tim Spinelli does the **Rosary on Zoom** at 7 PM every 1st and 3rd Tuesday of the month. Please join!

October is usually an enjoyable time of the year in the United States. The autumn season manifests itself with wonderful Fall foliage in many parts of the country. The temperatures are cooler, inviting people outdoors for nature walks and apple or pumpkin picking. School routines are established, and football season is in full swing.



The celebrations of the Church for October are also wonderful and unique. The feasts of some of the most popular saints of the Universal Church are celebrated during this month: St. Therese the Little Flower (France), St. Francis of Assisi (Italy), and St. Teresa of Avila (Spain).

These saints are from different countries of origin. In honoring these saints, we can include cultural dishes or activities from each country to make the feast day more special. Read more about the lives of these saints. Perhaps the family can pick one virtue that each saint practiced well and try to implement it. The saint I want to learn more this month is St. Francis of Assisi.



In October, read the Apostolic Letter to understand the beauty of this devotion more deeply, and pray for the new Luminous mysteries. October 16 is known as "Pope Day" on which we celebrate the gift of the papacy and our current pope.

Silver Rose Program



The Silver Rose program demonstrates the unity between Knights of Columbus in Canada, the United States and Mexico, through a series of prayer services promoting the dignity of all human life and honoring Our Lady.

Each year, from early March through mid-December, Silver Roses are stewarded by Knights of Columbus councils along routes from Canada to Mexico. Every stop the Silver Rose makes throughout the pilgrimage is

a rosary-centered occasion for Knights, parishioners and community members to pray for respect for life, for the spiritual renewal of each nation, and for the advancement of the message of Our Lady of Guadalupe.

Source: <https://www.kofc.org/en/what-we-do/faith-in-action-programs/life/silver-rose.html>



Saint Ignatius Pastor Becomes Third-Degree Knight

By *Frank Consulo, Grand Knight*

Saint Ignatius pastor Thomas Lucas, SJ became a third-degree Knights of Columbus, along with three other men, at the August 16, 2025 exemplification held at Saint Ignatius parish.

Father Tom is a native of Placerville and a graduate of Jesuit High. Father Tom has been pastor of St. Ignatius since 2020 and recently celebrated 50 years with the Jesuits. He is a supporter of our council's work and loves seeing us serving the community and selling Fireworks. In addition to his work as pastor, he is an internally recognized expert in Jesuit art history and a well-known liturgical designer and artist with an international portfolio.

Father Tom participated in the exemplification with three other new Knights: Cardiff Schmitz, Matthew Murcbach, and Noel Balti. We welcome all our new brothers to the Order and Council 4970.

The Exemplification of Charity, Unity, and Fraternity was performed by our Council. Special thanks to Mike Fazio, Rich Romo, Larry Rositani, Steve Millner, Deacon Jack, Peter Kilkenny, Grand Knight Frank Consulo and our Worthy District Deputy, Will Friesen, for their roles in the Exemplification.

Vivat Jesus!

Check Out Our Website for the Latest Updates & Officer Contact Information

Get the latest & greatest information about the Council activities and events, by visiting our Council website, www.kofc4970.com. The information is regularly updated.

Do you need to contact a Council Officer or sign up for an event? Find what you need on our site at:

Officer contact information: <https://kofc4970.com/officers>

Council's Event Calendar: <https://kofc4970.com/calendar>

A letter from a Friend...

By Kevin B. Hall, Deputy Grand Knight



I just had to write to tell you how much I love you and care for you. Yesterday I saw you walking and laughing with your friends; I hoped soon you'd want Me to walk along with you, too. So I painted you a sunset to close your day and whispered a cool breeze to refresh you. I waited – you never called – I just kept on loving you.

As I watched you fall asleep last night, I wanted so much to touch you. I spilled moonlight on your face – trickling down your cheeks as so many tears have. You didn't even think of me; I wanted so much to comfort you.

The next day I exploded a brilliant sunrise into a glorious morning for you. But you woke up late and rushed off to work – you didn't even notice. My sky became cloudy and my tears were the rain.

I love you. Oh, if you'd only listen. I really love you. I try to say it in the quiet meadow and in the sky. The wind whispers My love through the treetops and spills it into the vibrant colors of all the flowers. I shout it to you in the thunder of the waterfalls and compose love songs for birds to sing for you. I warm you with the clothing of My sunshine and perfume the air with nature's sweet scent. My love for you is deeper than any ocean and greater than any need in your heart. If you'd only realize how I care.

My Dad sends His love. I want you to meet Him – He cares, too. Fathers are just that way. So, please call me soon. No matter how long it takes, I'll wait – because I love you.

Your Friend,
Jesus

Qualities of true friends: (Sirach 6:14-17):

“A faithful friend is a sturdy shelter; he who finds it finds a treasure. A faithful friend is beyond price, he who finds it finds a treasure.”

P.S. This letter has no name but it came to me in a time of need. I wanted to share it.

ID Drive 2024 – 25 Recognition “Banner Year for Annual Fund Drive”

By Joe Romanazzi, Past Grand Knight

BANNER YEAR FOR ANNUAL FUND DRIVE

Arden-Carmichael (Calif.) Council 4970 raised nearly \$36,000 during its annual fund drive for people with disabilities. The record amount was donated to Camp ReCreation in Orangevale, which offers year-round activities for people with disabilities as well as a residential summer camp.

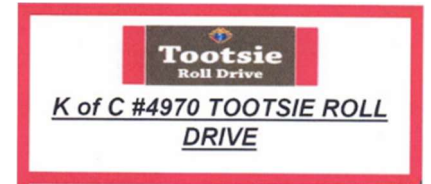
Our Council's ID Drive results for last year (2024-25) have been recognized by the Supreme's in the September 2025 *K of C Columbia Magazine*. We center of the Life Section, page 31. A great effort by a great group of Camp ReCreation supporters.

Source: *Columbia Magazine*, September 2025, p. 31

ID Drive 2025 – 26 “Faith Without Works Is Dead

By Joe Romanazzi, Past Grand Knight & ID Drive Chairman

In October, the Knights of our Council 4970 will be present at all three parishes we serve to handout free Tootsie Rolls and to seek donations for Camp ReCreation. This Diocesan approved nonprofit organization serves those with intellectual disabilities (ID) by offering summer camp sessions at Eagle Lake, along with several local events held throughout the year.



The Lord challenges all of us every day to grow toward the true humanity we see in him.

He is aware of all good deeds that are done in his name for others, especially those less fortunate. In this council, one of the ways we demonstrate our Catholic faith is the special care for those we serve through our long-running Intellectual Disabilities Drive (aka Tootsie Roll Drive) Program. We show concern for those with special needs by our willingness to give generously of our time and treasure. This genuine human concern does not go unnoticed by God or others. The Bible in 2 Corinthians 9:7 tells us, “Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver.” Our charitable works are a great way to attract people to the knowledge and love of Christ and to maybe move some to become members of our Council.

Groucho Marx, one of America's greatest comedians, said, “The problem with doing nothing is that you never know when you’re finished.” Groucho’s quote does not apply to our membership because we have learned to see Christ in everyone and to go the extra mile to help. We are a group of men of good will who are always quick to help others when we can and are aware our charitable work is never finished.

Knowing this, please check the Events Calendar on our website and join Brother Knights after Masses at each church to distribute free Tootsie Rolls and to collect donations. If you are able, please also consider making a monetary contribution yourself. One hundred percent (100%) of the money received this year will go to Camp ReCreation to assist them in their mission to help those with special needs.



My Brothers, the Lord rejoices in our Council and our service to him and one another. Those who show kindness and charity will be greatly rewarded. As Knights

in Council 4970, we know that Jesus Christ is the light of our lives and our salvation. Let us pray for the grace to serve, to give with gladness and to always live for His glory and for our neighbor’s good.

Community & Bible Study

By Loren Wallin, Past Grand Knight

Our Community Programs cover many areas over the year. We support veterans and the parishes we serve.

Veterans: our participation and effort at Stand Downs.

Parishes: Pancake Breakfasts – over the course of the year, especially during the Christmas season.



Council Free Throw Contest – a fun activity for students of our three parish schools which starts locally in January and continues with the District, Chapter, and State contests through March.

Altar Servers – recognize the service and show appreciation of our parishes' altar servers, in May at the end of the school year.

Scholarships – select graduating eighth graders who choose to continue their education at a local Catholic high school are awarded a scholarship. This is made possible by the sales proceeds from our annual 4th of July fireworks booth. This event is one of our major undertakings from both a coordination and volunteerism perspective. The importance of this event is reflected by our turnout for the long, "hot" week leading to the 4th.

Faith

By Mike Fazio, Past Grand Knight

Council 4970 delivers programs designed to grow our hearts and minds and strengthen our souls. Our Faith programs help Brothers, and our community, grow closer to Christ and become what we receive in the Eucharist – the body and blood of Christ.

Some of our programs include Bible Study, Soup and Stations at Lent, Refund Support Vocations Program (RSVP), Christmas Seals, and Memorial masses for our deceased Brother and Lady Knights.

Brother Knights also serve our faith in each of our three (3) parishes, serving as sacristans, ushers, eucharistic ministers, cantors, and other liturgical roles.

If you are interested in this "Call to Service", please contact Mike Fazio at Mfazioshu3@gmail.com.

Life

By Brother Ken MacDonald

The Right to Life is capitalized because of its importance in our lives. No "right" is as important as Life for each of us. God is the source of life, and in my estimation, only God can say when our lives will come to an end. If we don't protect the "Right to Life", all the other "rights" mean very little.

To that end, as we begin the new Columbian Year, we will have several options to show our commitment to the preservation of the children in the womb and those in need in our community and the world.

- Our annual **ID Drive** (those with Intellectual Disabilities) will be upon us in September/October.
- Our annual **"Life Chain"** is scheduled for the 1st Sunday in October (10/5) at the corner of Madison and Manzanita.
- Please add **"40 Days for Life"** to your email address book to enable receipt of messages of all the good work being done to preserve life around the world.
- The **San Francisco "Walk for Life"** will take place again in January of 2026. We will keep you updated.

If you are, or become, aware of other opportunities to work together to preserve the "Right to Life", please contact Bro. Ken MacDonald at 916-284-6541 or kenmacdonald89@yahoo.com.

Family

By Coming Soon!

Coming Soon!

Upcoming Events & Prayer Intentions

Mo

Monday, 6:00 PM (weekly)
Adoration with Legion of Mary

Mo

Monday, 7:00 PM (weekly)
Maxodus 365 (SJE & Zoom)

Tu

Tuesday (1st & 3rd), 7:00 PM
Rosary (Zoom)

Tu

Tuesday (2nd), 6:30 PM
Council 4970 Business Meeting & Dinner

Tu

Tuesday (4th), 7:00 PM
Council 4970 Planning Meeting

We

Wednesday (1st), 6:30 PM
Bible Study (SI)

Sa

Saturday 9:30 AM (weekly)
Legion of Mary

4/5

10/4-5 After Mass
Tootsie Roll Drive (SI)

5

10/5 1:00 PM
Life Chain (Madison & Manzanita)

11/12

10/11-12 After Mass
Tootsie Roll Drive (OLA)

21

10/16 1:00 PM
Lady Knight Luncheon (Buckhorn BBQ & Grill)

18/19

10/18-19 After Mass
Tootsie Roll Drive (SJE)

PRAYER LIST

Please remember these intentions

All children lost to abortion
All unborn children and their mothers

For the sick and their Caregivers,
especially:

The Wehr Family
Fred Garrison
Bob Akers
Joan Cotton

Shannon & Michael Langer
Gwenn Wilson
Fr. Tom Bland

For Council 4970's deceased:

Pope Francis
Lee Akers

Danielle Corcoran
Judy Davis

Rick Di Regolo
Ben Dougherty

Carolyn "Susie" Fonteyn

John Heiman
Joe Kievernagel
Gerald Marenich

John O'Donnell
Anthony Praxel

Georgia Royal
David Schwartz

Kenneth Scribner
Sid Tarango III

Fr. Art Wehr, SJ

Pope Leo XIV
and

Parishioners of OLA, SI, and SJE Parishes

Upcoming Mass Intentions

John O'Donnell (@SJE 8:30 AM Fri, Oct 17)

Sid Tarango III (@SJE 8:30 AM Thu, Oct 23)

Council 4970 Says Good-Bye to a Long-time Brother Knight

By Joe Romanazzi, Past Grand Knight

Brother John C. O'Donnell September 30, 1932 – September 1, 2025



Long-time Council 4970 Brother and Sir Knight John C. O'Donnell passed away on September 1, 2025, at the age of 92. Brother John joined the Knights of Columbus in 1964. He was an active member of the Knights and of his parish, St. John the Evangelist Church (SJE) in Carmichael. John served as Grand Knight, District Deputy and was a team member for a number of our council activities, including our Council's annual ID Drive fundraisers for Camp ReCreation. John was appointed as Head Usher for all Masses at SJE. He also served his country as a member of the U.S. Army for two years, stationed in Japan.

A Mass of Christian Burial was held at SJE on September 27, 2025. Council 4970 Knights and Lady Knights, joined with O'Donnell Family members, fellow SJE parishioners and many friends. The funeral Mass was celebrated by former SJE Pastor Fr. Bernardin Mugabo. PGK's Joe Romanazzi and Gene Gobbo presented the O'Donnell Family with a Council 4970 *Resolution of Condolence* and a pair of Rosary beads blessed by our Supreme Chaplain, Archbishop William E. Lori. A Chalice Ceremony was conducted by Sir Knights from Christ The King Assembly #2797 in Citrus Heights.

Taps were played and an Army National Guard Honor Guard presented the flag of our country to Brother John's family. A reception in St. James Hall followed immediately after the conclusion of the funeral Mass. Brother John's ashes were interred at Calvary Catholic Cemetery in Sacramento. *May his soul rest in peace. Amen*

Ladies Luncheon

By Jean Gobbo

Our Ladies September Luncheon at the Kabob House on Fulton Ave was a new experience for us ladies and well received by all 10 of us in attendance! It is a Greek restaurant and was the first time eating Greek food for many of us! Everything was delicious and enjoyed by all from the Lamb Kabobs to Eggplant.

October will bring us to an All-American restaurant, the Buckhorn BBQ and Grill, near Fair Oaks and Howe Ave in Sacramento (next to Safeway). As usual, our start time will be 1 p.m. on Thursday, October 16th.

If you have any questions, please call Lady Knight Glenda Macdonald at 916-524-8933 or Jean Gobbo, at 916-261-8674. We hope to see you there! All are welcome! Guests are always welcome. Let's have another great turnout!



JOE'S CAFÉ...Stop by for a tasty bit!

By Joe Romanazzi, Past Grand Knight

God Makes Fools Out of Soothsayers



According to a Pew Research Center survey of nearly 9,600 U.S. adults, conducted in October 2024, 30% of U.S. adults say they consult astrology, tarot cards or a fortune teller at least once a year. Most do so just for fun, with few Americans saying they make major decisions based on what they learn along the way. Those who practice these activities differ in gender and age. For example, 43% of women aged 18 to 49 said they believe in astrology – the notion that the position of celestial objects can affect people’s lives – compared with 20% of men of similar age; overall, women are about twice as likely as men to believe in astrology (35% to 18%).

Religiously affiliated Americans and religiously unaffiliated Americans are equally likely to believe in astrology (27% and 28%, respectively). Religiously unaffiliated Americans are those who identify religiously as atheist, agnostic or “nothing in particular.”

Professional consultants say most paying clients look for healing. Many suffer from fear, anxiety, social distancing and have abandoned Christian faith systems. The consultants say they dispense hope and positivity that helps guide people in making or offering insights into important life decisions.

God’s people live by the written word of God and what **He** says through the prophets. The Bible has a lot to say about soothsayers of all kinds. Here are three Scripture sources that illustrate the point. In Deuteronomy 18:10–14, God warned His people against listening to fortune-tellers. In Acts 16:16, fortune-telling is called a demonic practice. In Jeremiah 27:8–10, God calls fortune-tellers, prophets of lies.

Even the temptation to look at a daily horoscope out of curiosity or an occasional on-line visit with an astrologer or fortune-teller can lead to bad habits that prevent us from drawing closer to God. **This would be a HUGE mistake!** James Clear is an author who writes about habits, decision making, and continuous improvement. He offers this piece of advice, “Correct your mistakes before they become your habits.”

My Brothers, the practice of fortune telling, sorcery, astrology, tarot card reading, mediums and the like appear to be linked to dark powers that deny the ruling power of God over His children. Our desire to know the future is to doubt God. We must avoid these practices at all costs. Our Catholic faith and trust in God will help us to avoid the temptation to rely on others who can fool us with their deceptive, demonic practices. He is in control of our lives now and in the future, not a person gazing into a crystal ball, reading tea leaves or flipping tarot cards.

Support those in our Council's community

