

THE Paladin



Knights of Columbus Arden/Carmichael Council 4970 District 9 – Division 4
Serving Our Lady of the Assumption, St. Ignatius of Loyola, and St. John the Evangelist Parishes



APRIL 2024

VOLUME 24 • NUMBER 10

What Does It Mean to Love Your Neighbor?

By Will Friesen, Grand Knight

Last Saturday I was getting my hair cut. When the barber was almost finished, the clip-on comb fell off of the clipper. This caused her to cut a chunk of hair off the side of my head. The lady that was cutting my hair was mortified. She could not stop apologizing. I was laughing out loud.

I kept saying that it is only hair. It will grow back. My efforts to calm her were to no avail. While I was comfortable calling it done, she would not let me leave the chair until she made not one but two attempts to even out the hair on the sides of my head. This stretched the 10-minute haircut into 45 minutes. That was a bigger issue for me than a bad haircut.

While I waited, I had lots of time to reflect on why she was so concerned. When did our society stop allowing people to make mistakes? I left her the same tip that I usually leave, but she worked a lot harder to get it.

A few years ago, my wife found a dent in her car that happened while she was parked at a grocery store. She was pretty upset when she got home. The dent was only 2 inches in diameter, but still very noticeable. I told her that it is just a car. The good news is that the next scratch or dent will not hurt as much.

I was upset that the person did not leave a note, but more upset that the person felt that they needed to sneak off out of shame. I would not have wanted to seek compensation. It is just a car. If they had created a giant dent, then I probably would feel differently.

Last fall, my wife and I went to a restaurant with some friends. I ordered my steak rare. It arrived a little over cooked to my liking but was tasty anyway. Our friends strongly suggested that I send it back to get another. At \$10 a pound for steak, that seemed a bit harsh for a small difference of opinion. They then suggested that I not leave a tip. I explained that it was not the waitress that over cooked my steak.

April Calendar

April 2

Rosary, 7 p.m., Zoom

April 4

Men's Bible Study, 7 p.m., SI

April 9

Dinner and Business Meeting, 6 p.m.,
St. John's Hall, OLA

April 16

Rosary, 7 p.m., Zoom

April 18

Ladies Luncheon, Leatherbys, 1 p.m.
Men's Bible Study, 7 p.m., SI

April 21

Spring Festival, SI, 12:30 p.m.

April 23

Planning Meeting, 7:30 p.m.,
St. John's Hall, OLA

April 30

Ladies Night Out, Garcia's, 6:30 p.m.

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I feel like we need to consider the other person in each of these situations. The barber was a little careless when she clipped on the comb, but she might have been distracted by a more significant event at home. The person that dented my wife’s car might have been dealing with a crying baby and the shopping cart rolled away from her. The chef might have been tending a badly burnt hand which caused them to neglect my steak. Were my issues more important than theirs?

I recognize that most other people are not perfect like I am. Just kidding!! I recognize that despite my best efforts, things do not always go as planned. God has blessed me with so many real and significant gifts that give me so much more than a great hair cut or a never scratched car could. In Matthew 5:41 it says, “If someone forces you to go one mile, go with him two miles.” The most important words of that verse are, “with him”. Put yourself in their situation and travel with them.

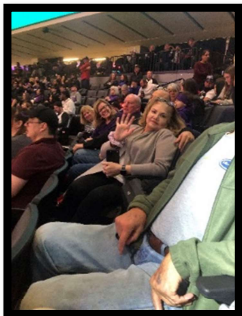
Cursillo has a saying, “Make a friend, be a friend, bring your friend to Christ.” Make sure that your response to any given situation, never prevents you from bringing them to Christ.

God Bless!

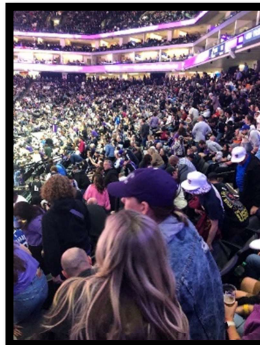
Knights and the Kings

By Gene Gobbo, Past Grand Knight

With the inconsistency of our Sacramento Kings, so were the two games our council attended this season. The first game in November against the



Clippers was a big downer with the LA team wiping us out. Our second game in March against the Spurs was an almost downer, but with a late game dunk by Sabonis, we pulled out a win. Let’s hope we make the playoffs and go for big wins. Our total group of 50 did enjoy going to the arena and getting together. We plan to keep



our group seats again for next year, but in the meantime look for an article on our River Cats baseball team in a few months. It’s fun to get together.

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One Shining Moment for 2 OLA Champions

By Loren Wallen, Past Grand Knight, Free Throw Chair

Council 4970 proudly hosted the Northern State Regional Free Throw Contest on Saturday March 16 at Our Lady of the Assumption. A similar Southern State Regional Contest was held simultaneously in Southern California. The kid's scores were compared between both contests after each age group shot their free throws to determine the first, second and third place winners in the state.

There were 7 of our Council winners that also won the District 9, and the Northern California Chapter Free Throw contests and were eligible to compete at this State contest. Six of them were there and competed. A trophy was given to the 1st place State Champions in each age/gender group.

Percy Parks, the State Free Throw Chairman, ran the event. Many thanks to the brother Knights from our council who were there and helped me: GK Will Friesen, Michael Corcoran, Michael Langer, Peter Kilkenny, and Andrew Cunha who organized and ran the concession stand.

Two boys from our council were this year's State Free Throw Champions in their age group.

Boys 9 – THEO SWANSTON (19/25)



PRAYER LIST

Please remember these intentions in your prayers:

**All children lost to abortion
All unborn children and their mothers**

**All Caregivers of the sick
Deceased of Council 4970**

Joe Kievernagel

Dan Aseltine

Pope Francis

Pope Benedict (dec)

Michael Aseltine (dec)

Christopher Scott (dec)

Jacintha Ezeudoye (dec)

John DePiazza (dec)

Robert Sholtes(dec)

Rick Di Regolo (dec)

Frank Gianattasio (dec)

Georgia Royal (dec)

Michael Profumo (dec)

Joan Cotton

Carolyn "Susie" Fonteyn (dec)

Bob Akers

Anthony Praxel (dec)

Kenneth Scribner (dec)

David Bland (dec)

Danielle Corcoran (dec)

Ben Dougherty (dec)

Fred Garrison

Parishioners of SI, SJE, and

OLA Parishes

**To report illness or death
contact the Grand Knight**

Continued from Page 4- One Shining Moment

Boys 10 – GAVIN BURNS (22/25)

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Congratulations to Theo and Gavin on their achievements! And for all of this year’s participants from OLA, SI, and SJE, congratulations on all of your efforts to compete. Whether you won the championship, set a personal record, or stepped up for the first time, Council 4970 applaud your efforts!

To conclude this year’s competition, we give you a few lines

from *One Shining Moment*:

“But time is short, and the road is long, in the blinking of an eye, ah that moment’s gone. And when it’s done, win or lose, you always did your best, cuz inside you knew... (that) One Shining Moment, you reached deep inside, One Shining Moment, You knew you were alive.”

One Shining Moment, David Barrett.

Celebrating 70 Years with an Old-Fashioned Fish Fry

By Michael Fazio, Editor

Saint Ignatius put a new spin on the old-fashioned Friday Fish Fry as the parish celebrated its 70th Anniversary on March 8, 2024. The Most Reverend Jamie Soto, Bishop of Sacramento, celebrated the concluding mass of the Novena of Grace, which coincided with the celebration of the parish's 70th Anniversary. At the conclusion of mass, Bishop Soto dedicated a new chapel to Our Lady of Guadalupe designed by Father Tom Lucas, S.J., pastor of SI.

After mass, over 350 people gathered at the Parish Center for a delicious Fish Fry dinner. As usual, the Knights were called upon to display our culinary talents. Led by Deputy Grand Knight Frank Consulo and Brother Rich Romo, our brothers put together a magnificent feast of beer battered cod, mac & cheese for the youngsters (though it was thoroughly enjoyed by the young at heart), tater tots, cold slaw, fruit, and rice. The crowd, including Bishop Soto, enjoyed music and conversation. And, of course, we sang Happy Birthday to SI and enjoyed some birthday cake.

Many of the original "Barn Families" who founded SI have left this life for the next, but a few folks still dwell among us, and we were joyful they could be part of the celebration. We also got to see PGK Joe Kievernagel join the event!

It was a wonderful family event for the parish. It was wonderful to see my own kids running around the gym with their friends like it was their own house. Because the parish and school are their home. And may it always be that way!

Thanks go to the many Knights who participated in the event: Sir Knight Michael Langer who provided an Honor Guard for the Bishop; Frank Consulo and Richo Romo for leading the cooking efforts; chefs Steve Millner, Michael Cororan, Len Zerilli, Joe Romanazzi, Peter Kilkenny, Ken Macdonald, and Tim Spinelli, for producing an outstanding meal; servers Larry Rositani, Will Friesen, Mike Fazio, Aaron Stroh, Gary Mello, Josh Figeroa, and others for providing a warm smile while serving the delicious meal; Loren Wallin for his extraordinary efforts cooking and cleaning up; and Nik Lushenko for his efforts with set up and clean up. For anyone we did not mention, our apologies and thanks as well.

Hope you enjoy some pictures from the kitchen and event:



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JOE’S CAFÉ...Stop by for a tasty bit!

By Joe Romanazzi, Past Grand Knight

Six Little Stories



We all realize that life can be difficult at times, but know everything in life is far easier to get through when we have God on our side. Our Catholic religion tells us that we need to live our lives every day with an abundance of faith, trust, hope, confidence, love and attitude in God. These are key terms and concepts in Scripture but are sometimes just vague notions for many of us. Briefly stated:

Faith is the Theological Virtue that enables us to trust in God’s promise based on evidence and experience of God’s revelation.

Trust is a reasonable belief that relies on a conclusion based on the weight of the evidence.

Hope is the Theological Virtue by which we trust God to be true to His promises. It is the desire of something together with the expectation of obtaining it

Confidence comes when God gives us the strength and talent to complete our tasks. The fulfillment of our confidence is found in Him. We need to persevere so that when we have done the will of God, we will receive what he has promised.

Love is the Theological Virtue by which we love God above all things for his own sake, and our neighbor as ourselves for the love of God. St. Paul tells us that love is the greatest of the Theological Virtues: “So faith, hope, love abide, these three; but the greatest of these is love” (1 Cor. 13:13).

Attitude is the habitual predisposition to think or act in a certain way. It is the sum total of a person's moral character responding to a given person, idea, or situation.

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The following *Six Little Stories* below were written by an Unknown Author. They help clarify each of the terms and concepts above and provide thoughtful simple examples illustrating good ways for all of us to live our lives with confidence in God's Word and character.

1. Once all villagers decided to pray for rain. On the day of prayer, all of the people gathered, but only one boy came with an umbrella. **That is FAITH.**
2. When you throw babies in the air, they laugh because they know you will catch them. **That is TRUST.**
3. Every night we go to bed without any assurance of being alive the next morning, but still, we set the alarms to wake up. **That is HOPE.**
4. We plan big things for tomorrow in spite of zero knowledge of the future. **That is CONFIDENCE.**
5. We see the world suffering, but still, we get married and have children. **That is LOVE.**
6. On an old man's shirt was written a sentence 'I am not 80 years old; I am sweet 16 with 64 years of experience.' **That is ATTITUDE.**

My Brothers, the most important thing God wants from us is to love and trust Him. We should never underestimate God's great love for us and trusting Him will get us results in every area of our lives. We acquire trust in God when we learn to know Him, love Him, and worship Him in spirit and in truth (John 4:24). As Knights and followers of Christ most of us strive to live our personal lives every day with faith, trust, hope, confidence, love and a positive attitude. When we do our lives become more stable and focused on what is important. They will lead to us to having happier days and happier lives. Our personal examples may also encourage others wherever we go and with whomever we meet to join us and follow Jesus. Along with our individual examples, we have the Scriptures, more than 2,000 years of Church history and the saints. Who could ask for more to help non-believers and tepid Catholics believe and find joy and peace in our Lord and Savior, Jesus Christ?

Join US for Ladies Night Out

Tuesday, April 30

6:30 p.m. at Garcia's on Madison Avenue

For more information contact

Ray and Pat Fischbach at 916-486- 4858

All Knights and Lady Knights are Welcome!

KNIGHTS OF COLUMBUS
ARDEN – CARMICHAEL COUNCIL 4970
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**ELECTRONIC SERVICE
REQUESTED**

Ladies Luncheon

By Jean Gobbo

Our lady's luncheon last month was another great success in spite of the cancellation of our group Stations of the Cross at the Christ the King Retreat Center. A youth program occupied the Center. However, 18 ladies enjoyed a great lunch at Back Forty Bar-b-que in Citrus Heights. We are looking forward to our next one on Thursday, April 18 at Leatherby's on Arden Way. Time to get our Ice Cream on! Leatherby's does offer a nice luncheon menu in addition to awesome choices of ice cream.



Lunch will be at 1 pm and please let Glenda Macdonald know if you plan to attend. We need to notify the restaurant as to how many will be attending, both for their info, as well as ours. If you do not call Glenda, we will assume you will not be attending.

Any questions? Call Glenda at 916-524-8933 or myself, Jean at 916-261-8674.

To all have a very blessed and holy Easter. Prayers the Easter bunny leaves all of us a special treat!