

THE Paladin



Knights of Columbus Arden/Carmichael Council 4970 District 9 – Division 4
Serving Our Lady of the Assumption, St. Ignatius of Loyola, and St. John the Evangelist Parishes



JULY 2024

VOLUME 25 • NUMBER 1

Kicking Off the New Columbian Year!

By Frank Consulo, Grand Knight

I want to take a few moments to tell you how much I appreciate you choosing me as your next Grand Knight. I want to assure you that I will give you my best effort in everything I do this year. This means giving 12 months, 52 weeks, and 365 days of dedication and hard work to keep this council running, growing, and thriving.

I will definitely keep our existing Council 4970 traditions alive and running. An example is continuing to pray one decade of the Rosary, led by Tim Spinelli, for our opening prayer. My goal in this effort is to strengthen the faith of our brother Knights, and to honor our Blessed Mother.

Bible Study changes – I am planning two Bible studies. The first will stay at St Ignatius Loyola and be held the first of the month at night. This is for men who work during the day. The second Bible Study will possibly be held (stay tuned) at St. John's or OLA during the day, for men and women. I have had discussions with all three parish priests. I want to change this so that more people will get involved. We all need more Faith—I know I do.

As Deputy Grand Knight, I learned a lot about Knight's events, and the importance of Faith, Family, Community, Life, and how to enjoy ourselves while being involved. We have a great group of Knights, and many are very skilled at the art of cooking. So I hope we can have more fun this year as we bring in new Knights to help. I will work very hard toward the Star Council Award this year with all your help. I want to thank all the Knights that have come forward to help and know there are new Knights that are coming to join our group. I will be on a mission to find 12 or more new Knights this year

Here are a few upcoming events:

- A blood drive @ St. John's Evangelist in September 2024

July Calendar

July 1- July 4

Fireworks Sales, SI

July 2

Rosary, 7 p.m., Zoom

July 9

Business Meeting and Dinner, 6:30 p.m.,
St. John's Hall, OLA

July 16

Rosary, 7 p.m., Zoom

July 18

Ladies Luncheon, Sizzler, 1 p.m.

July 23

Planning Meeting, 7:30 p.m.,
St. John's Hall, OLA

July 30

Ladies Night Out, Mimi's, 6:30 p.m.

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- The Silver Rose that will be coming to our area September 4-14, 2024. This event can be tied in with Bible study class.
- A romantic evening with your lady knights, that will include dancing and socializing.
- A Wheelchair Drive in March 2025, at St. Ignatius Loyola Church, Our Lady of Assumption Church, and St. John the Evangelist Church. I talked to Father Tom Lucus at St. Ignatius Loyola Church about having this event.

I feel that being a knight is special, it's a calling for us to unite as a group in Jesus Christ, and to help whomever we can, especially those who struggle to meet their basic needs. We would love for you to come join us, help us grow, have fun, and make new friends. I am here for you, don't hesitate to reach out with concerns,

Thank you so much, I am truly humbled and grateful for this opportunity! It's an honor to serve Council 4970, and I am proud to be a Knight.

Our Council Officers for 2024-2025

Congratulations to our newly elected/appointed Council officers for the 2024-25 Columbian year. Please pray for our new officers

Grand Knight: Frank Consulo
Financial Secretary: Tom Kuzmich (appointed by Supreme)
Deputy Grand Knight: Steve Hall
Chancellor: Kevin Hall
Treasurer: Steve Millner
Advocate: Todd Wilson
Warden: Peter Kilkenny
Inside Guard: Bill Davis
Outside Guard: David Easton
3rd Year Trustee: Will Friesen
2nd Year Trustee: Tim Spinelli (by advancement)
1st Year Trustee: Josh Figueroa (by advancement)
Chaplain: Fr. Eduino Silveira
Lecturer: Aaron Stroh

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Graduation Awards

Our brother Knights presented awards to the graduating 8th graders at our three parish schools. Congratulations to all our award winners, and we pray for all the students from the Class of 2024! More pictures on the website.

Council Altar Server Awards

SI	Boston Olsen, Patricia Ong, Audrey Turner
SJE	Kaden Hodge, Trevor Sieving, Killian Smith
OLA	No individual awards, award money went to pizza party for all altar servers

Arden Carmichael, Inc. Scholarships

SI	Emily Colonnello (St Francis) Miki Chow (St Francis) William MacLaughlin (Jesuit) Jack Stouder (Jesuit)
SJE	Alivianna Daugherty (St. Francis) Julia Hornsby (Christian Brothers) Henry Leonard (Jesuit) Ryan Welch (Christian Brothers).
OLA	Izaiah Jorin (Christian Brothers) Noah Kidd (Jesuit) Maddie Mealor (Christian Brothers) Abby Orcott (St. Francis)



Note from the Editor:

Introducing Jack Stouder. Jack wrote a wonderful thank you note to the council/corporation thanking us for the scholarship. Jack asked me when he could become a Knight, and is excited to join when he is 18. Look out for a Form 100 from Jack in a few years. We wish him and all our winners the best as they start high school.

Around the Council

By Michael Fazio, Editor

Here are some of our activities from the past month

Adoration at the River



SJE parishioners, and members from other parishes in the American River Deanery, met at William B. Pond Park to celebrate Adoration at the River. The deacons and priests present gave us a great eucharistic spiritual experience. We even saw a couple of deer pass by! In addition, we ate a tasty lunch, including hotdogs grilled by members of KOC Council 4970.

Get on the Bus Program

Knights from Council 4970, and a few of their family members, met at the SJE Tralee Center kitchen to prepare breakfast burritos for wives and children en route to visit loved ones at Folsom Prison.

PRAYER LIST

Please remember these intentions in your prayers:

All children lost to abortion
All unborn children and their mothers

All Caregivers of the sick
Deceased of Council 4970

Pope Francis

Joe Kievernagel

Dan Aseltine

Rick Di Regolo (dec)

Georgia Royal (dec)

Joan Cotton

Carolyn "Susie" Fonteyn (dec)

Bob Akers

Anthony Praxel (dec)

Kenneth Scribner (dec)

Danielle Corcoran (dec)

Ben Dougherty (dec)

Fred Garrison

Bob Akers

Norma Niekamp

Jerry Marenich

Shannon Langer

Parishioners of SI, SJE, and

OLA Parishes

To report illness or death
contact the Grand Knight

It's on the Web!

You don't need to wait for the Paladin to get your updates on Council 4970 activities. Our website, www.kofc4970.com is now regularly updated with the latest information. Hope you visit often!

Hopefully we'll get our social media presence up and running soon so we'll be able to communicate across a wide variety of platform. Let our Grand Knight know if you can help!

Moment Closest to Christ

By Will Friesen, Past Grand Knight

I have written about Cursillo before. After you live a Cursillo weekend you meet weekly with a group of men to talk about your successes and failures of the past week. It is both a humbling and uplifting meeting. You learn that you are not alone in your dreams or struggles. We all fail to love our wives as we should. We all want to be better men.

One of the questions that you ask yourself and to which you share the answer during the meeting is, "What was your moment closest to Christ last week?" When I first started attending the meetings, I had to struggle to come up with an answer because I was not looking until after the week was over. Over time, I began asking myself every night, when did I encounter Christ during the day. I found it was easier to think about it in smaller steps.

They were little. One day, I was in a hurry to get home from work because I had to get ready for a meeting at the church. On the way home my wife called and asked me to pick up some groceries. I hate picking up groceries. I could not come up with an excuse quickly enough, so I went. While I was there a lady noticed that I was having trouble finding something. She did not even work at the store. I told her what I needed. She said that that was not in the aisle with the other canned vegetables, that canned vegetable is over with the soups. Then she asked to see the rest of my list and told me where everything on my list was hiding. That lady did not know it, but she was my moment closest to Christ.

After more time had passed, I began asking myself at lunch, "What was my closest moment this morning?" Then again at dinner, "When was my closest moment to Christ this afternoon?"

After more time had passed, I began asking in advance, "When do I think that I will encounter Christ today?" And what was truly amazing is that the more I looked for Christ the more often I encountered Christ.

Consider the difference in your day if you start with, "I have to go to work today." versus, "When will I encounter Christ today?"

I think that if we go into a room expecting to be disappointed, then we most certainly will be disappointed. And I think that if you enter a situation expecting to be delighted, you are more likely to find something that makes you happy.

My last prayer as Grand Knight is that you all have so many close encounters with Christ that everyone around you will wonder what drug you are taking. Christ is never farther than a quick prayer from you. He is closer than the tips of your fingers.

God Bless

What's for Dinner?

Here are the upcoming cooks and menu for our Council Business Meeting Dinners

July	Andrew Cunha (Pulled Pork)
August	Shawn Herrick (ribs)
September	Will Friesen (Enchiladas)

JOE'S CAFÉ...Stop by for a tasty bit!

By Joe Romanazzi, Past Grand Knight

“My Senior Years have been Absolutely Ruined by Technology.”



It's Monday morning and you are alone enjoying a cup of coffee at Joe's Cafe. Across from your table three elderly women sit chit-chatting while waiting for their breakfasts to be served. It isn't long before you find yourself listening in on their conversation. One of the women named Bonnie remarks, “**My senior years have been absolutely ruined by technology.**” As the conversation continued, she said her family insisted she get a smart phone and give up her residential landline. Reluctantly, she did so and said her life has not been the same since. Her teenage grandchildren told her that she needed to learn how to text and tweet, in addition to making telephone calls. They told her that since more and more seniors are texting and tweeting, she needed to learn STC (Senior Texting Code). Here is the list of codes they gave her to learn:

ATD: At the Doctor's. **BTW:** Bring the Wheelchair. **BYOT:** Bring Your Own Teeth
CBM: Covered by Medicare. **CUATSC:** See You at The Senior Center. **DWI:** Driving While Incontinent. **FWB:** Friend with Beta Blockers. **FWIW:** Forgot Where I Was. **FYI:** Found Your Insulin.
GGPBL: Gotta Go, Pacemaker Battery Low! **GHA:** Got Heartburn Again. **HGBM:** Had Good Bowel Movement. **IMHO:** Is My Hearing-Aid On? **LMDO:** Laughing My Dentures Out.
LOL: Living on Lipitor. **LWO:** Lawrence Welk's on. **OMMR:** On My Massage Recliner. **OMSG:** Oh My! Sorry, Gas. **ROFL...** **CGU:** Rolling on The Floor Laughing.... And Can't Get Up. **TTYL:** Talk to You Louder. **WAITT:** Who Am I Talking To? **WTP:** Where's The Prunes? **WWNO:** Walker Wheels Need Oil.

Bonnie told her friends she made a passionate argument in defense of her landline to her family members. *She explained: I won't ever lose it. The screen never cracks. I won't have to buy a new one every two years. I will never need to charge it. No one will steal it. I will not crash my car because I am using a landline phone. They're cheaper: The average landline bill is around \$42 a month, compared to \$127 a month. I can buy an old phone on eBay for like \$30. An iPhone costs around a \$1,000. I will not be contributing to the downfall of human civilization.* But her logical defense of the landline was to no avail. Family member told Bonnie they were not convinced and explained to her most people were using the new technology. They are correct. Only about 31% of American households still have a landline. According to Pew Research, the vast majority of Americans – 97% – now own a cellphone of some kind. Nine-in-ten own a smartphone, up from just 35% in their first survey of smartphone ownership conducted in 2011. This data highlights the continued decline in landline usage as more people adopt smartphones and rely on cellular services. As Supreme Court Chief Justice John Roberts Jr. put it, phones are such an “insistent part of daily life that a visitor from Mars might conclude they were an important feature of human anatomy.”

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My Brothers, many people believe Smart phones, computers and our other electronic gadgets may be leading to the death of everything good in our society. Americans are spending an average of more than seven hours looking at a screen every day. Spending numerous screen hours every day cuts into our prayer life, the most important way we communicate with Our Lord and Savior. ***Even though, technically, Moses was the first person with a tablet downloading data from the cloud, Our Lord does not communicate with us by text, tweets and email. His chosen communication method is PRAYER. Praying strengthens and deepens our relationship with God, our only real source of true love, joy, peace and comfort.***

July Ladies Night Out at Mimi's

By Ray and Pat Fischback

The next event is on July 30, 2024. A reservation has been made for that Tuesday evening at 6:30 p.m. at Mimi's restaurant. The address is 2029 Alta Arden Expressway, Sacramento, near the Arden Fair Mall. We hope to see everyone there.

If there is any special place you wish to have these dinners, call Ray or Pat Fischback at 916-485-4858.

Thank you, and have a nice summer.

A Message from the Editor

By Michael Fazio, Editor

This year marks the 25th volume of the Paladin. It's quite an accomplishment for any publication, but particularly for this type of newsletter. Many newsletters have gone the way of the newspaper—fewer than they used to be, and not as good. I feel ours is an exception. We pack our 8 pages with spiritual insights and council happenings on a monthly basis. It's no easy task, particularly with few contributors to the process. The publication continues its award-winning tradition.

But I do have concerns. I surveyed our readership a few months ago, asking folks if they read the Paladin, and what they liked. Out of over 200 members (plus Lady Knights and others who receive the distribution), I got 2 responses. Two. Good quality or not—if no one's reading it, then what's the point?

Our website and soon to be established social media presence may effectively carry the message of Father McGivney and the Order to others. My guess is that many of you are of the old school and enjoy a more traditional publication. Then say so!

So here's my challenge to all of you (at least those of you who read to page 7, and no coincidence I'm putting this one page 7, following our most popular feature- Joe's Café). Send me a letter, an email, or call me. You can mail the Council PO Box, and my email and phone number are on page 3. Give me feedback—good, bad or otherwise. Just let me know you are reading it and care about what's in it!

I plan to report back later this year. I'm hoping for a substantial response. God bless you all!

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**ELECTRONIC SERVICE
REQUESTED**

Ladies Luncheon

By Jean Gobbo



We made the best of a bad situation last month. Nick the Greek restaurant was our destination but the staff decided not to reserve us a table inside but rather seat us outdoors. No way Nick, not in 95 plus temperature. Fortunately, Chili's was in the same shopping center so all but one of us trotted slowly there and had a great time. The seating, service and food were great and we had another fun time at Chili's.

This month, another scorcher expected will have us at Sizzlers, 5815 Madison Ave near Manzanita Ave. The buffet salad bar plus is a great buy, especially for lunch. Other items are on the menu at a reasonable

cost.

As usual, Glenda will call a few days in advance so we can get a general idea of how many to expect. This is a big help to the restaurant! If she doesn't talk to you, or get a reply to voice mail, she may take your name off the list! Let's have a great turnout for

Thursday, July 18th. Looking forward to seeing you all there. Lunch starts at 1p.m. Questions? Glenda can be reached at 916-524-8933, myself, Jean Gobbo, at 916-261-8674.

