



THE

Paladin



*Knights of Columbus Arden/Carmichael Council 4970 District 9 – Division 4
Serving Our Lady of the Assumption, St. Ignatius of Loyola, and St. John the Evangelist Parishes*

SEPTEMBER 2026

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There is no “Try.” There is only “Do” or “Do not.”

By Mike Daugherty, Worthy Grand Knight

In the Bible, as in other great works of literature (like Moby Dick) or in blockbuster films (like Star Wars), violent storms often mark the ultimate test and turning point--the measure of the main character's courage and focus.

In **Matthew 14**, Peter is at the oars, in their boat, on the Lake. Jesus is approaching. He is walking across the water. Peter, overcome with excitement, asks Jesus to command him to come to Him across the water. Jesus says, "Come," and Peter steps bravely out of the boat, into the lake, and begins walking on the waves. But as the storm rages on, Peter hesitates. He panics, and sinks. Jesus grabs his hand and, pulling him to safety, asks: "Why?" --Why did Peter doubt?



Star Wars mimics this biblical miracle from a strictly secular point of view. Yoda tests the would-be Jedi Knight, Luke **Skywalker**—whose name is strikingly parallel to a **water-walker**—by commanding Luke to use *the Force* to raise a spacecraft that is submerged in a lake. This scene plays on all of the elements of Matthew's Gospel--a miracle completely omitted in the Gospel of Luke, and probably a deliberated secularization of Mathew's gospel.



When Skywalker begins to raise the ship, but ultimately fails, and the ship sinks, he protests loudly to his Master, Yoda, that he is **trying**. At which point Yoda challenges Luke's lame excuse: ... **"No! Try Not!" "Do, or Do Not! There is no Try!"** This claim is, of course, factually correct. Try adds nothing to the fact that I either succeed or I fail.

Today, our Council faces its own kind of "storm" as we transition away from the laid back, go around the whole room, meetings of the last five years, with experienced leaders reporting on their areas while new Knights struggle to understand them, allowing the status quo to persist. If Knights leave or older/veteran "rowers" need to drop one of their ministries, and the newer Knights lack the training to take up the slack, our ship will soon run aground.

What I am asking our Council to do is uncomfortable, both for the new and the old. Newcomers expect proper training, but they do not find the meeting reports educational. As GK, I am neither qualified, nor do I have the time, to master every role in order to train others myself. Furthermore, older leaders have frequently commented that meetings had become a waste of their personal time. We must ALL recognize that making our meetings more efficient and instructive transforms them into a vital ministry, allowing us to achieve our goals AND get home to our loved ones sooner.

Upcoming Events & Prayer Intentions

Recurring Monthly Events at a Glance

Tue, Sep 8: 6:15 PM Council Business Meeting & Dinner (OLA)

Thu, Sep 17: 1:00 PM Ladies Luncheon (Szechuan Gardens)

Tue, Sep 22: 7:00 PM Council Planning Meeting (OLA)

September 2026 Events

Fri, Sep 11 – 13: OLA Country Fair

Sun, Sep 13: Pancake Breakfast (OLA)

Sun, Sep 20: SI Fall Festival

Wed, Sep 23: Paladin Article Deadline (kofccouncil4970@gmail.com)

Thu, Sep 24 – Sat, Sep 26: Sacramento Stand Down (Mather)

Tue, Sep 29: 6:30 PM Ladies Night Out (Back 40 Texas BBQ)

Wed, Sep 30: Foundations of Faith Ministry (SJE) – Dinner Support

Mark Your Calendar

Oct 3-4: I.D. Drive Tootsie Rolls (SI)

Oct 4: Life Chain (Madison & Manzanita)

Oct 10-11: I.D. Drive Tootsie Rolls (OLA)

Oct 17-18: I.D. Drive Tootsie Rolls (SJE)

September Birthdays

Jake Benjamin, Andrew Caputo, Bob Kelnhofer, Roy Lasich, Walter Leech, Nathaniel Matos, Porfirio Mejica, Gary Mello, Douglas Pajer, Charles Stewart, Thomas Weber, Jack Wilson

PRAYER LIST

Please remember these intentions

All children lost to abortion

All unborn children and their mothers

For the sick and their Caregivers,
especially:

The Wehr Family

Fred Garrison

Joan Cotton

Shannon & Michael Langer

Gary Mello

Gwenn Wilson

Fr. Tom Bland

For Council 4970's deceased:

Pope Francis

Bob & Lee Akers

Tony Carvelli

Don Cotton

Danielle Corcoran

Judy Davis

Rick Di Regolo

Ben Dougherty

Carolyn "Susie" Fonteyn

John Heiman

Joe Kievernagel

Gerald Marenich

John O'Donnell

Anthony Praxel

Georgia Royal

David Schwartz

Kenneth Scribner

Sid Tarango III

Fr. Art Wehr, SJ

Pope Leo XIV

and

Parishioners of OLA, SI, and SJE Parishes

Our Annual ID Drive is Underway

By Joe Romanazzi, Past Grand Knight & ID Drive Chairman

Our Council's annual ID Drive for 2026 is underway. Each year our Council hands out thousands of free Tootsie Rolls in an effort to raise money for **Camp ReCreation**, a camp sanctioned by the Sacramento Diocese for intellectually disabled (ID) teens and adults. This is part of our **LIFE** focus in the **Faith in Action** commitment.



DRIVE

Our public activities this year will be conducted at the three parishes our Council serves --- St. Ignatius of Loyola, Our Lady of the Assumption, and St. John the Evangelist.

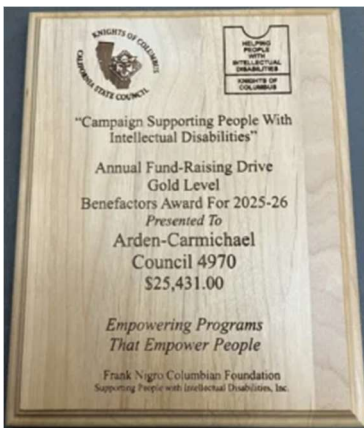
Please volunteer your help when the time comes so that we can make this important Council project another success in 2026.

Here are links to the confirmed dates for our ID Drives:

[October 3 - 4 @ SI](#)

[October 10 - 11 @ OLA](#)

[October 17 - 18 @ SJE](#)



Last year, monetary donations from our Council 4970 Knights and Lady Knights, along with the results of our three Parish ID Drives amounted to **\$25,431 in donations, a record for any Council in California.** We can do it again this year with everyone's help.

Please join me in praying that Our Lord and our founder, Blessed Father Michael J. McGivney, continue to guide our efforts in serving these *special brothers and sisters*. We are all made in God's image and we can't neglect those we meet on the pathways of our earthly journey. The folks with intellectual disabilities only desire to participate fully in what life has to offer, just like the rest of us.

Council 4970 is standing tall to make this desire a reality again next summer.

Check Out Our NEW Website for the Latest Updates & Officer Contact Information

Get the latest & greatest information about the Council activities and events, by visiting our Council website, www.kofc4970.com. The information is regularly updated.

Do you need to contact a Council Officer or sign up for an event? Find what you need on our site at:

Officer contact information: <https://kofc4970.com/officers>

Council's Event Calendar: <https://kofc4970.com/calendar>

Ladies Luncheon

By Jean Gobbo

Our August Ladies Luncheon at Red Robin was well attended and enjoyed by all 14 of us who attended. Lucy, our server, was great! Fast, correct service and always with a smile!

We are going Chinese for our September luncheon at Szechuan Gardens, located at 4804 San Juan Avenue in Fair Oaks (corner of San Juan & Sunset).

The date to remember is Thursday, September 17th, at 1 PM (as always, the 3rd Thursday of the month).

Glenda usually calls the Monday before, but if she misses ou, please come and join us! The more the merrier and we can't talk about you if you are present!

Questions? Call Lady Knight Glenda Macdonald at 916-524-8933 or Lady Knight Jean Gobbo at 916-450-4503. See you on the 17th? We hope so!



Ladies Night Out

By Joe Romanazzi, Past Grand Knight

The next Ladies Night Out is at 6:30 PM on Tuesday, September 29 at Back 40 Texas BBQ (1201 Orlando Ave, Roseville, CA 95661).



Kings and the Knights

By Gene Gobbo, Past Grand Knight & Public Relations Director

The council has again received access for group discount pricing for Sacramento Kings games this season in the lower bowl. We are planning to attend opening night in October and are waiting for all games and pricing for the rest of the season.

We must purchase a minimum of 10 seats for each game for the discount.

Call Gene Gobbo at 916-261-8652 or email gene@gobbo.org for more information including games and pricing.

Fees are **not** due currently, but I do need your request by email to get on the list for tickets in general by September 15th. Once games and pricing are announced I will contact you.

Let's hope the Kings get good enough to make the playoffs this year.



JOE'S CAFÉ...Stop by for a tasty bit!

By Joe Romanazzi, Past Grand Knight

Tacos taste good, but they are not the perfect food for our Heavenly journey



We know that God is the giver of **ALL** good things, including the culinary gift of tacos. Many people believe tacos are the best food on the planet. In fact, they have become one of our country's favorite food items because they are relatively cheap, delicious, versatile and readily available everywhere. According to the folks at National Taco Day, celebrated every October 4th, Americans eat 4.5 billion tacos every year. They come in hundreds of varieties and styles, with a seemingly endless number of toppings and ingredients. Many Mexican restaurants offer special prices on *Taco Tuesday* to draw customers to their business. A traditional street food, tacos have been sold in the United States for about 100 years. It has been said that people are a lot like tacos. This is because at our cores, we're pretty similar to each other. Our brains are similarly wired, and we're all pursuing the same hierarchy of needs. But each person has their own "sauce." Our "sauce" will be what we wear, phrases we say, habits we form, places we've been, favorites that we have, etc. At our funerals, people will talk about the 1% of us that is different from others, not the 99% of us that is the same.

Although tacos taste good, feel good in our hands and temporarily satisfy our hunger pains, they are not the *perfect gift*. The ***Perfect Gift*** was given to us at the Last Supper when Jesus said, "This is my body, which will be given for you. Do this in remembrance of me" (Luke 22:19). We talk of the Real Presence of Jesus in the Eucharist because Jesus' presence in the Eucharist is a presence in the fullest sense, where Jesus is wholly and entirely present. As Catholics, we believe transubstantiation during the consecration at Mass changes the bread and wine into the precious body and blood of Christ. Our most intimate moment with Jesus is when we receive Him into our very bodies in Holy Communion. We become one and could not be closer with Him. Jesus says, "Whoever eats my flesh and drinks my blood *remains in me and I in him.*" (John 6:56)

God gives us what we need every day. When we consume tacos, life may feel better to us for a short time, but we know hunger will return again in a few short hours. Jesus talks of himself as the bread of life (John 6:41-51). This is the bread that comes down from heaven so that a man may eat it and not die...

Anyone who eats this bread will live forever." (John 6:50-51)

My Brothers, when we meet Jesus in the Eucharist and receive Him in Holy Communion, life is gloriously elevated because the Eucharist is the ***Perfect Gift*** from Heaven. In his address to young people in Bologna, Italy on September 27, 1997, Pope John Paul II said, "The Eucharist is the secret of my day. It gives strength and meaning to all my activities of service to the Church and to the whole world ... Let Jesus present in the Blessed Sacrament speak to your hearts. It is he who is the true

answer of life that you seek. He stays here with us: he is God with us. Seek him *without tiring*, welcome him *without reserve*, love him *without interruption*: today, tomorrow, for ever!" The Eucharist brings us in union with God. Jesus promises eternal life and gives himself as food for the journey to all those who face the passage from this life to the next. St. Pius X, who was our Holy Father from 1903 – 1914, was a strong advocate for the reception of Holy Communion. He encouraged all the faithful to receive the Eucharist as often as possible, proclaiming, "Holy Communion is the shortest and safest way to Heaven."

Submit An Article for the Paladin

Whether you are a regular Paladin contributor or an event coordinator and want to get the word out in advance or celebrate the conclusion of the event, please submit your articles and pictures to kofccouncil4970@gmail.com with "Paladin Article" in the Subject. For events provide details of when and where and photos include captions (if you wish).

The article submission deadline is the end of 4th Wednesday of the month, the day after the Planning Meeting.

Support those in our Council's community

